

SNACKS

for Toddlers

With this age group, it is especially important to check with the parents about allergies, as little ones will not be able to communicate such things. Also make sure all food is safe and in bite-sized pieces.

For a morning VBS, consider offering a breakfast snack shortly after arrival (e.g., doughnut holes, mini-muffins, half a banana, or toasted oat cereal).

For the main snack time, arrange with the Toddler Coordinator to serve the snack at the appropriate time and for the appropriate numbers. Serve smaller portions of what the “big kids” are having, or serve one of the optional ideas listed below. (These optional ideas are not included in the snack supply list on the back cover.) Remember to use the teaching tie-ins listed on this page rather than the “big kids” teaching tie-ins.

DAY 1

BANANAGRAMS

See page 9 for directions, but serve just half a banana.

Teaching Tie-In: Find the number one hidden on your banana peel. There’s only one true God! Let’s pray to Him now and thank Him for this yummy treat.

ONLY ONE TREATS

Choose various snack items and give each child just one of each. Possible choices are one chocolate chip, one cracker, one piece of cheese, one piece of cereal, one pretzel, one chip.

Teaching Tie-In: How many ___ do you have? How many ___? (Continue to ask. Every answer should be one. Then make the point that the number one reminds us that there is just one true God, and pray to the one true God to thank Him for the food.)

DAY 2

PUDDING 1-2-3

See page 11 for directions, but serve a smaller portion in a smaller cup.

Teaching Tie-In: The one true God is three (Father, Son, and Holy Spirit), and our pudding is 1-2-3! Let’s count to 1-2-3 and then thank God for our food.

TRI-COLORED POPSICLES

Choose a popsicle that has three colors on one stick, such as red, white, and blue rocket pops.

Teaching Tie-In: We have one popsicle, like our one true God. It has three colors, like the Father, the Son, and the Holy Spirit. Let’s count to three, then thank God for our popsicles.

DAY 3

TREASURE TREATS (VERSION 1)

See page 13 for directions.

Teaching Tie-In: When you open up your cupcake, what's inside? It's a treasure in there! That can help us remember that God is a treasure, too! Let's tell God we know He's a treasure and that we're thankful for this treasure of a snack.

TREASURE TREATS (VERSION 2)

Buy or make a little treasure chest. Put pre-packaged snacks in it that the kids can choose.

Teaching Tie-In: As you eat your treasure treat, remember that God is a treasure! Let's tell God that we know He's a treasure, and let's thank Him for these treasure treats.

DAY 4

UNDERCOVER APPLES

See page 15 for directions, but serve a smaller portion.

Teaching Tie-In: Look at those apples hiding under the caramel and hot fudge! That reminds me of Adam and Eve hiding from God after they sinned. Let's thank God for still loving Adam and Eve, and still loving us, even when we disobey His commands. And let's thank Him for this snack.

CROSS-SHAPED CINNAMON STICKS

Buy cinnamon-flavored graham cracker sticks. On a small plate, put one for the vertical part of a cross, and carefully divide another in half, putting the halves on either side of the vertical piece to form the crossbar.

Teaching Tie-In: What shape do you have on your plate? Yes, it's a cross. What happened on the Cross? Yes, Jesus died because He loves you so much! And then He came alive again! Let's thank Him for His love and for this yummy snack.

DAY 5

HOT ON THE TRAIL MIX

See page 17 for directions, but serve a smaller portion.

Teaching Tie-In: We *like* our hot on the trail mix, but we *love* our God who gave it to us. Let's thank Him for our snack now.

HEART-SHAPED BROWNIES

Make brownies and cut into heart-shapes with a cookie cutter. Serve one per child on a napkin.

Teaching Tie-In: God loves you so much and He wants you to love Him, too! Let's thank Him for His love and for this good food.

DAY 1

Bananagrams

INGREDIENTS

- Bananas, 1 per child
- Marshmallow ice cream topping, 1 T. per child
- Graham cracker crumbs, 1 T. per child

CRYPTIC COOLERS DRINK INGREDIENTS

- Any bright-colored drink, 1 quart for every 5 children
- Cardstock to wrap around the cups, bottles, or drink boxes that have the name of the drink in code (Cryptic Cooler, H₂O, Special Agent Soda, etc.)

BASIC SUPPLIES

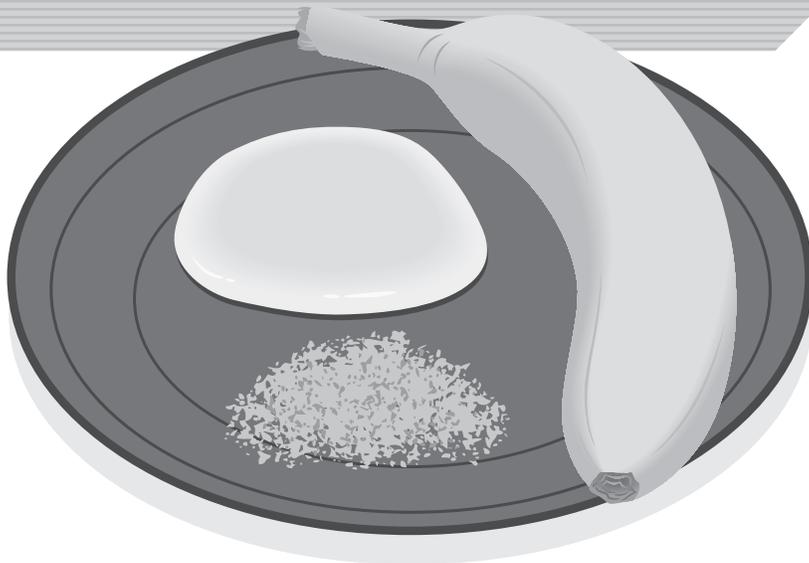
- Permanent marker
- Food processor
- Spoon
- Small plates, napkins, and cups for serving, 1 per child
- Drink pitchers or coolers
- Stirring spoon

PRE-PREP

1. Write a small number “1” somewhere on the back of each banana peel.
2. Using the food processor (adult only), grind the graham crackers into crumbs.
3. Put approximately 1 T. of crumbs and 1 T. of marshmallow ice cream topping on each plate. Put the banana on each plate as well.
4. Prepare the drink according to package directions.

TEACHING TIE-IN

Pray for the snack. As everyone munches, say:



Did you find the hidden number on your banana-gram? Yes, it is the number one. What do you think the number one is a code for? The one true God! There's only one true God—the God of the Bible. If you don't already know Him, I pray you will come to know Him this week!

Note: You may want to talk more about how to get to know Him.

CLASS TIME DIRECTIONS

Children can dip their bananas in the marshmallow ice cream topping, then in the graham cracker crumbs.

TIP CORNER

- Use marshmallow ice cream topping rather than marshmallow fluff, which is too stiff.
- This treat tastes a little like banana cream pie when it's all said and done!
- Use drink boxes or water bottles any day this week if you prefer drinks that do not require cups and preparation.

SUPER SIMPLE IDEA

- Just serve the bananas without the toppings.
- Buy pre-made graham cracker crumbs.

Day 1 OVERVIEW

UNCOVERING COUNTERFEITS

Bible Passage	Lesson Focus/Apologetics Content	
Elijah and the Prophets of Baal 1 Kings 18:20–39	Agents will uncover counterfeit gods and identify the one true God.	
Commit This to Memory	Daily Cipher	Contest
Isaiah 45:5	One True God	Guess Who?
Classified Crafts	Top Secret Snacks	Agent-in-Action Games
Spy Kit	Bananagrams	In Disguise Relay Balloon Bonanza

NOTES
