Exodus 20:11 says, “For in six days the LORD made the heavens and the earth, the sea, and all that is in them, and rested the seventh day . . . .” From this verse, it seems clear that God created all things in just six normal-length days, doesn’t it? And yet, there are many who say that God created over millions of years or that He used the process of evolution to bring about the universe we see today.

So, why do we believe that, according to Genesis 1, God created in six normal-length days? To understand the answer to this, we need to learn some Hebrew. That’s the language Moses used to compile the book we call “Genesis,” under the guidance of the Holy Spirit. It is important that we understand what Moses originally wrote because those are the words God inspired!

The Hebrew word for “day” is יומ (pronounced “yom”). Yom can have many meanings—a period of daylight, time, a specific point in time, a year, or a period of 24 hours (actually, much like the word “day” in English). Yom is the word used in Genesis 1 when God describes what He created on each day.

So, how do we know which definition yom Moses meant in Genesis 1? The meaning depends on the context—the words surrounding yom. Throughout the Old Testament, when the phrase “evening and morning” or a number is used with yom, it refers to a “period of 24 hours”—a normal-length day, not “time” in general or a “year” or “millions of years.” Both “evening and morning” and a number are used with yom in Genesis 1 (look up verses 5, 8, 13, 19, 23, 31), so we know it refers to a day of regular length. It is as if God wanted to remove any doubt, so He defined the word yom all six times He used it. Because of the words of Scripture, we can be confident that God didn’t take millions of years or use evolution. He created the universe in six real days, and rested on the seventh!
Genesis 1 has some very important words that tell us God created in six regular days and not in millions of years. These words are found in the wordfind game below. See if you can find them all. Look for these words forwards, backwards, up, and down.

The earth’s rotation on its axis is responsible for our “day” (it takes about 24 hours for one rotation).

The moon’s cycle of shadow is the basis for our “month” (it takes about 30 days to go through the cycle of phases, e.g., full moon to full moon).

The earth’s trip around the sun is the basis for our “year” (it takes about 365 days for the earth to journey around the sun).

But the only basis for our seven-day week is the account in Genesis of God creating in six days and resting for one!

Let There Be Fun!

Genesis 1 has some very important words that tell us God created in six regular days and not in millions of years. These words are found in the wordfind game below. See if you can find them all. Look for these words forwards, backwards, up, and down.

BEGINNING
DAY
NIGHT
FIRST
SECOND
THIRD
FOURTH
FIFTH
SIXTH
EVENING
MORNING
YEARS
SEASONS
DAYS

UIKNVBGFCDDILYBFEMJOMYTHIRDSEAGNEVERDEHWFJNERSGUISJOKJPTOOGFDCRYADCRYAEELFJUHOSTOONVEDRIAOONHUIERAWYDFNYIAERGETKIIBFDTZOAUFURRSOYSHIRDKAHRCDOFNSOSAESDNGICRATSRIFCONDGINNICONSIXTHMOBEGINNINGTHAESMONINGTS