Jesus loves the little children—all the children of the world. Red and yellow, black and white, they are precious in His sight …

We've probably all sung this song at one time or another. But is it really true? Are there really red, yellow, black, and white children? The answer, believe it or not, is, “Not really.”

Let's find out why

If you were to look through a microscope at a piece of your skin, you would find lots of interesting cells. Some help repair your skin when you cut it. Others help to continually make new skin to replace that which wears off at the surface. Still others (called “melanocytes”) make a pigment (called “melanin”) that helps to give your skin some color. The more melanin that these melanocytes produce, the darker the skin will be.

Scientists have found that we all have the same amount of melanocytes in our bodies.

Inside each melanocyte is a set of “instructions” (called DNA). The DNA tells the melanocyte how much melanin to produce, among other things. If the instructions in your body tell your melanocytes to make a lot of melanin, and your skin keeps a lot of the melanin that is made, then your skin will be very dark brown. If your instructions say “make a little melanin,” then your skin will be very light brown. And there are all combinations in between.

So, no one really has “red” or “yellow” or “black” skin. We all share the same brownish pigment; our bodies just have more or less of it!

The very same pigment, melanin, also determines the color of your eyes. If you have a lot of it in the iris of your eyes, they will be brown. If you have a little melanin, your eyes will be blue. Brown and black hair results from a lot of melanin in the hair shafts, blond hair from less melanin.

DNA—deoxyribonucleic acid. This special molecule carries the information our bodies need to make us who we are. It tells our eyes to be blue or brown, our nose to be pointy or round, our hair to be curly and red, or straight and black, and so on. Our information comes from a combination of information from each of our parents, who inherited an information combination from their parents, who inherited information from their parents, and so on—all the way back to the first two people, Adam and Eve!
Adam’s Family Maze
Find your way through this maze and you will trace the history of the human race!

Start

ADAM & EVE

I don’t know who Cain’s wife was.

Adam & Eve’s Sons and Daughters

We are all one race of people!

Noah and Sons

People at Babel

We are all one big family!