Psalms
A Book of Poetry—Old Testament

Authors: David, Asaph, sons of Korah, Solomon, Heman, Ethan, Moses

When It Happened: About 1491–500 BC

Chapters: 150

Key People: David

Summary: Psalms is a book of prayers and hymns meant to draw our attention from ourselves and to our mighty God. It is a collection of praises to our God. The psalms emphasize man’s position before a perfect, holy God. This sets God in His rightful place—as Ruler over the affairs of the world and all mankind. The psalms include singing praises, giving thanks, and crying out for help.

About God: God is great and greatly to be praised. He deserves all glory and worship from all of His creation.