

Hands-On History Fun

Fun Food to Fix:

Trail Mix

To Get Folks From Babylon to Jerusalem

You will need: 3 Tbsp. raisins; 2 Tbsp. peanuts; 2 Tbsp. sunflower seeds; 2 Tbsp.

coconut; 2 Tbsp. carob chips or chocolate chips

Mix the ingredients together in a bowl. If you want to take a hike, put the trail mix in a plastic bag and get ready for energy!

Create-A-Craft:

Make an Official Signet Stamp—with a Potato!

For each student you will need: one-half potato, uncooked; toothpick; tempera paint; paper

An adult will need: sharp paring knife

After cutting the potato in half, use the toothpick to make a design in the cut area. A simple outline design will be the easiest to work with, but you can experiment with different ones. After the design is made, let an adult use a paring knife to cut $\frac{1}{2}$ inch into the potato—cutting away everything that is not in the design. Then, dip the cut edge of the potato into tempera paint and stamp your paper.

Try making a couple of designs on different potato halves, then stamping a pattern on the paper. Have fun!

The King of Persia would use his “signet” ring to stamp official documents. Once he did this, the law became official AND unchanging! That is why King Darius could not change the scheduled slaughter of the Jews. However, because of Mordecai’s wisdom, the Jews were able to triumph over their enemies.

So, when someone admires your potato stamp, be sure and tell them how this reminds you of a story—about Queen Esther and the King of Persia.