

Hands-On History Fun

Create- A-Craft:

Make a Musical Instrument and Join the Band!

William and Catherine Booth, the founders of the Salvation Army, realized that they would have to employ some unusual methods in order to attract the interest of the people who lived in the slums of England. So, they held open-air meetings using a band playing lively music to draw the crowds. It was a hit!

Make as many instruments as you have children (and willing adults!).

To Make a Kazoo:

Using an empty toilet paper roll or paper towel roll, wrap a piece of waxed paper around one end and attach it with a rubber band. Hum into the other end.

To Make a Guitar:

In the lid of a shoe box, cut a rectangular hole.

Wrap several different-size rubber bands around the box, making sure they go over the hole. Strum, strum, strum!

To Make a Musical Comb:

Cover a comb with tissue paper and blow through the paper. You may also try it with wax paper.

To Make a Finger Cymbal:

Ask at the hardware store in the nails and bolts display for some very large steel washers. Use string to hang them on your fingers.

To Make a Drum:

Bang a metal pan or a stout box with a wooden spoon.

Assemble your band together and play a cheering rendition of "When the Saints Go Marching In" around the house!

Fun Food to Fix:

Fruity Milkshake, à la Louis Pasteur

Louis Pasteur was the Frenchman who discovered how to "pasteurize" milk to destroy the bacteria that could be dangerous to people. He also discovered the rabies vaccine, disproved "spontaneous generation" through an experiment that has never been refuted, and avoided a national crisis—by saving the wine crop of France! To celebrate this amazing man's discoveries, let's make something wonderful from milk.

You will need for each serving:

- 1 cup milk
- ½ banana
- 3 ice cubes or 3 frozen strawberries (my preference!)
- 1 tablespoon sugar (optional)
- 1 teaspoon vanilla

In a blender, blend all of the ingredients until smooth. Drink immediately. Yum!