

SLOUGH OF DESPOND & HELP
DIGGING DEEPER

1. Although Pliable wants to go faster, Christian cannot travel very fast “by reason of this burden” on his back. What does the burden represent, and what is significant about Pliable not having a burden?

2. According to Help, what is the “reason of the badness of this ground”?

3. What fears and doubts might someone have who is under conviction of sin? What fears and doubts have you experienced?

4. Read Isaiah 35:3–4 and Psalm 40:1–4. Choose two of the doubts you listed above and describe how you would answer them based on the promises (“certain good and substantial steps”) God gives us in His Word.

5. Read Matthew 13:1–23. What soil does Obstinate typify? Pliable? Christian?
