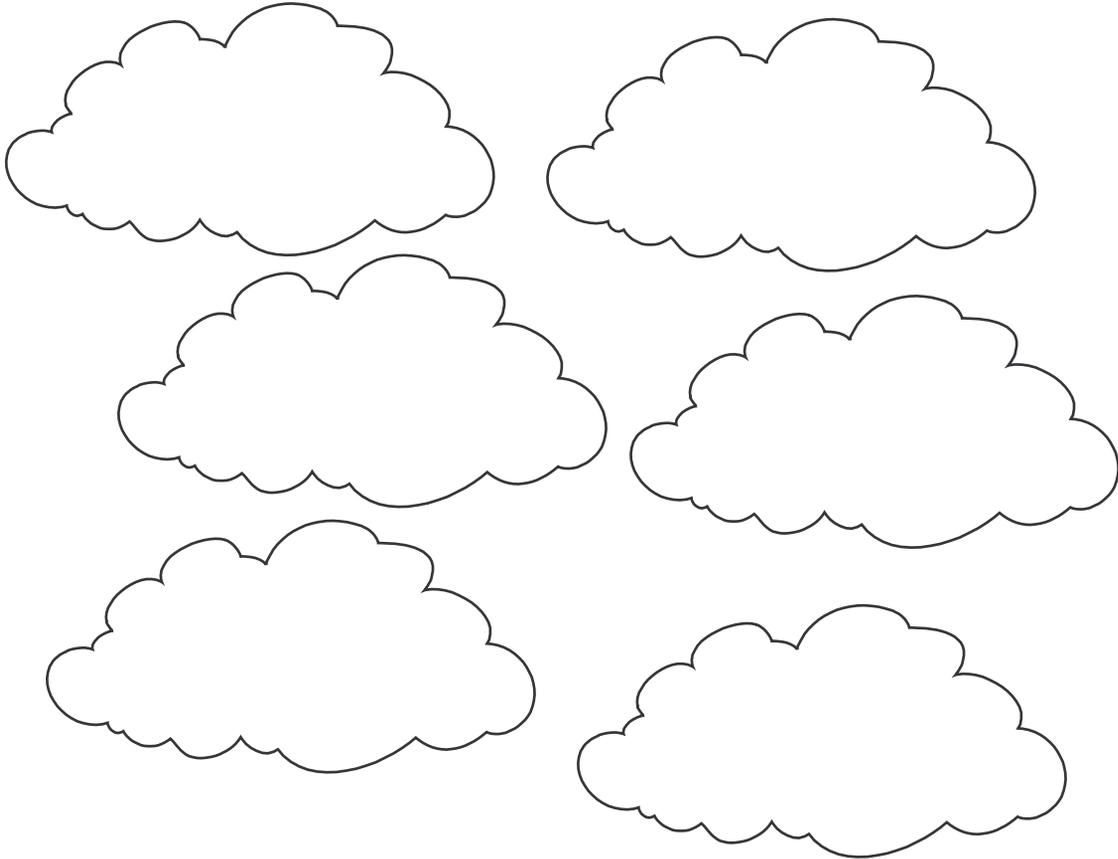


## SLOUGH OF DESPOND & HELP TRUTHS TO PONDER

1. Christian continues to tell Pliable about the joys of Heaven. Fill in the clouds with words to answer Pliable's question "and what company shall we have there?"



2. Write the names of three people you want to see when you get to Heaven.

a. \_\_\_\_\_

b. \_\_\_\_\_

c. \_\_\_\_\_

3. The burden on Christian's back caused what three things to happen to him?

a. \_\_\_\_\_

b. \_\_\_\_\_

c. \_\_\_\_\_

SLOUGH OF DESPOND & HELP  
TRUTHS TO PONDER

4. The burden on Christian's back represents the load of sin he is carrying. Fill in the blanks with some of the sins that weigh *you* down.



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5. What does Jesus say to those who carry a heavy burden? (See Matthew 11:28–30.)

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6. Why can no one else see the burden on Christian's back? (See Romans 7:7–8 and Psalm 119 for clues.)

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SLOUGH OF DESPOND & HELP  
TRUTHS TO PONDER

b. Those who persevere, endure (Matthew 10:22)

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10. Compare and contrast *how* and *where* the two men escaped the Slough.

|       | <b>Christian</b> | <b>Pliable</b> |
|-------|------------------|----------------|
| How   |                  |                |
| Where |                  |                |

## SLOUGH OF DESPOND & HELP TRUTHS TO PONDER

11. Help explained to the dreamer “the reason of the badness of this ground.” What sometimes comes along with the conviction of sin in *your* life that causes you to sink in the Slough of Despond? Write these in the muddy waters below.



12. Help said that there are “certain good and substantial steps, placed even through the very midst of this slough ... hardly seen ... notwithstanding the steps be there.” Even in the darkest times, God speaks to us through His promises.

*“All the promises of God in Him are Yes, and in Him Amen, to the glory of God through us!” (2 Corinthians 1:20, NKJV)*

What are some “stepping stone” promises that will help *you* escape from the Slough of Despond? In each of the stepping stones in the muddy waters above, print a promise on each stone. Memorize at least one!