



*Runway Café*  
**Snacks**  
LEADER GUIDE

# RUNWAY CAFÉ

## Course Overview

	Day 1	Day 2	Day 3	Day 4	Day 5
<i>Title</i>	Ready, Set, Go: Before Babel	Hitting a Roadblock: At Babel	One Race, Many Nations: After Babel	One Way—Jesus: Babel and the Gospel	Green Light—GO: Why Babel Matters Today
<i>Continent</i>	South America	Asia	Africa	Europe	North America
<i>Refueling Station Lesson Focus</i>	As the race starts, we explore the beginning of the human race and why nobody has run a perfect race.	On this leg of the race, we stop at the tower of Babel and check out the important and loving roadblock God provided there.	On leg three, we see how the human race developed into people groups with different languages, cultures, and physical features, but how we are still one race.	On our fourth leg, we discover the need to yield our lives to God as he reaches out to all nations, tribes, and peoples with his love.	On this final leg, we learn that because God loves all people groups, we ought to treat others with love and respect, not prejudice and judgment.
<i>Bible Passages</i>	Racing Through Genesis Genesis 1–11	The Tower of Babel Genesis 11:1–9	The Table of Nations Genesis 10 Psalm 139 Acts 17:26	The Gospel and a Glimpse of Heaven Revelation 7:9–10	The Good Samaritan Luke 10:25–37
<i>Mile Marker Memory Verses</i>	For all have sinned and fall short of the glory of God. Romans 3:23	Its name was called Babel, because there the LORD confused the language of all the earth. And from there the LORD dispersed them over the face of all the earth. Genesis 11:9	And he made from one man every nation. Acts 17:26	The Father has sent his Son to be the Savior of the world. 1 John 4:14	If God so loved us, we also ought to love one another. 1 John 4:11
<i>Apologetics Focus</i>	Sin cycle How the world was divided into continents	Ziggurats Languages	One blood, one race I've got DNA—why I look like I do	God provides just one way to be saved	Fighting prejudice and racism
<i>Animal Pals</i>	Bo the Anaconda	Jamal the Camel	Pup Patrol	Agape and Phileo the Polish Mute Swans	Racer the Roadrunner
<i>World-class Science</i>	Light It Up! Let It Rain	Flying High Full of Hot Air	DNA Spot the Color	Polishing Pennies Rainbow Float	Go! All Bandaged Up
<i>World-class Crafts</i>	Table Top Fútbol Tie Snake	Mini Globe Let's Face It	Mud Hut Missions Bank Pipe Cleaner People	Mosaic Cross Backpack Zipper Pull	Kindness Cards Traveler's Tic-Tac-Toe
<i>Globe-trotting Games</i>	South American Games	Asian Games	African Games	European Games	North American Games
<i>Runway Café</i>	Circles and Salsa Brazilian Brigadeiros	Tower Treats Pita Chips and Dip	Shades of Cake Chapatis	Leaning Tower of Chees-a English Scones	Global Cheese Balls Big Apple Mini Pies
<i>Cool Contests</i>	Guessing Game	Team Cheers	Dress-Up Day	Bible Verse Challenge	Mission Money Mania



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For more information, write:  
Answers in Genesis  
PO Box 510, Hebron, KY 41048

Project Coordinator: Stacia McKeever  
Writers: MaryLou Atwood and Barb Witt  
Content Editors: Roger Patterson, Dr. Georgia Purdom  
Editor: Karin Viet  
Interior layout: Diane King  
Cover illustration and design: Jon Seest  
Illustrations: Paul Agner

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# Handy Helps

## On Your Mark, Get Set, Go!

A race. But not just any race. A race filled with fun clues to find. A race loaded with interesting challenges to attempt. A race around the world that's a global scavenger hunt like you've never seen.

At the same time, it's about another race. A race that began at the garden of Eden and continues until this day. A race made up of all people from all time. What race? The human race.

As we move from continent to continent in *The Incredible Race* from Answers VBS, we'll make stops at various times before, at, and after the hugely important tower of Babel incident and see how it matters greatly today.

**Day 1 Before Babel**—As the race starts, we explore the beginning of the human race and why nobody has run a perfect race through life.

**Day 2 At Babel**—On this leg of the race, we stop at the tower of Babel and check out the important and loving roadblock God provided there.

**Day 3 After Babel**—On leg three, we see how the human race developed into people groups with different languages, cultures, and physical features, but how we are still one race.

**Day 4 Babel and the Gospel**—On our fourth leg, we discover the need to yield our lives to God as he reaches out to all nations, tribes, and peoples with his love.

**Day 5 Why Babel Matters Today**—On the final leg, we learn from Babel that because God loves us, we also ought to treat others with love and respect, not prejudice and judgment.

From the minute our racers arrive at *The Incredible Race*, they'll find fun waiting to happen! The day begins at the **Checkpoint Assembly**, a supercharged opening complete with entertaining welcomes, rockin' songs, a mission moment, and prayer. Then we're off to four fun rotation sites:

**Refueling Station**, the teaching time. Here, as racers receive and accept challenges, they'll discover the tower of Babel account isn't just ancient history, but incredibly important to how we live today.

**Runway Café**, the snack spot. Racers will enjoy global goodies at this yummy spot while completing food-related challenges.

**Globe-trotting Games**, the recreation location. At this spot, racers attempt fun physical challenges of international proportions.

**World-class Science and Crafts**, the science, craft, music, mission, and memory verse spot. This location features a wide array of activities to choose from: electrifying science experiments to explore, creative crafts to invent, high-energy songs to sing, fun memory verse games to play, and mission time to investigate (for those who want to spend more time than is given during the Assembly).

After finishing the day's rotations, everyone heads back to the **Checkpoint Assembly** for the closing that includes more singing, a Creature Feature, contest results, and the greatly anticipated daily drama, which is a highlight of the kids' day. The drama features a team on *The Incredible Race* that is flying to the next race location, only to crash in the jungles of Central America at an ancient step pyramid (ziggurat). Many funny adventures and epic lessons occur at this unexpected roadblock.

So grab your gear and get ready for the race of a lifetime as we embark on *The Incredible Race*. On your mark, get set, go!

### Our Goal

We are so thankful for how God has chosen to use the Answers VBS programs over the past years! But why did we decide to embark on such an undertaking in the first place, and why are we still at it, by God's grace?

Our primary goal has always been to bring God glory by boldly and unashamedly proclaiming him to a strategic group—young people! From both a biblical and statistical point of view, young people are a big deal. They're not only awesome—we love 'em!—but they're also dearly cherished by our Lord and tend to be soft-hearted toward spiritual things. Researchers generally agree most people become Christians when they're children, so it's apparent this age group is a huge mission field!

Children are loved by their Creator. Jesus said to let them come to him (Luke 18:16). We want children to come to Christ and not be hindered in any way from doing so. To that end, we combine a biblically rich VBS with off-the-chart, irresistible fun. In a day and age when content sometimes suffers, it's critically important to us not to sacrifice rich content. But it's also crucial that the most exciting book in the world not come across as boring or irrelevant. We want to reflect our creative, inspiring, joy-giving God who made laughter and fun!

So why do we do it? We want kids around the world to hear about and personally meet our awesome God and

to understand how they can receive eternal life through repentance and faith in Christ Jesus. We believe VBS is a great way to introduce them to God, as it is one of the biggest outreaches of the year for most churches.

We pray you will find that every prayer prayed, every minute invested, every dollar spent, and every word spoken will bring God glory as you reach kids for Christ. Just remember—VBS is worth it! May God richly bless your VBS. We're praying for you!

## Your Role

Your role as the Snack Coordinator is outlined in the following pages. Your responsibilities may include:

- Planning snacks for all age levels
- Organizing the snack donation sign-up
- Buying supplies that have not been donated
- Preparing daily snacks for VBS and/or overseeing others who are helping with snacks
- Organizing the daily snack time challenges
- Monitoring which children have allergies and planning accordingly

- Coordinating the serving of snacks each day
- Making sure key lesson themes are reinforced through the snacks
- Overseeing the cleanup of the snack area(s) each day
- Praying over all aspects of this job before, during, and after VBS

This is *your* guide. Read it carefully and prayerfully, using our suggestions combined with the ideas the Holy Spirit brings to your mind.

So get ready! Get set! God is about to use you and your church to impact lives.

## Frequently Asked Questions

The content of *The Incredible Race* may be new to you. For a list of helpful articles on the topics covered in this VBS program, please visit [AnswersVBS.com/irfaq](http://AnswersVBS.com/irfaq).

## Terms to Know

Throughout the VBS curriculum, various terms will be used. Here's a list of some of the most common terms to know.

**Racers:** The kids at VBS. Racers are put in teams named after countries (e.g., Team Brazil, Team Kenya, Team Japan, Team Germany).

**Team Leaders:** Adults who guide the racers from place to place during VBS. No teaching is required for this position.

**Trainers:** Teachers at the Refueling Station lesson time.

**Refueling Station:** Rotation site where Bible and apologetics teaching occurs.

**Checkpoint Assembly:** Spot where everyone joins together for the opening and closing assemblies.

**World-class Science and Crafts:** Rotation site where kids make crafts, perform science experiments, sing songs, learn memory verses, and explore missions around the world.

**Runway Café:** Indoor or outdoor site where global goodies are served.

**Globe-trotting Games:** Indoor or outdoor site (outdoor is preferred) for international games to be played.

**Mile Marker Memory Verses:** Daily memory verses.

**Animal Pals:** Friendly animal mascots used to emphasize the key point of each day's lesson.

**Creature Feature:** Daily time during the opening or closing assembly when we marvel together at God's design of various thematic animals.

**Toddlers:** Ages 2–4 years.

**Pre-Primaries:** Ages 4–6 years, or age 4 through children who have completed kindergarten.

**Primaries:** Ages 6–9 years, or children who have completed grades 1–3.

**Juniors:** Ages 9–12 years, or children who have completed grades 4–6.

For multi-age K–6th teams, we recommend using the material for the Primaries.

# Top 20 Tips for the Runway Café Snack Time

1. Pray! Study God's Word and the VBS lessons! This is your most important preparation. Give all concerns to the Lord, and watch *him* do great things.
2. After reading the daily snack choices, including the additional ideas listed in the Tip Corner, Super Simple Options, Healthy Options, and Toddler Options, decide which snack you will serve each day. Keep in mind that the toddler snack ideas can also be fun choices for older kids and vice versa. There are also yummy additional snack ideas at the back of the book you may want to use. Test each recipe ahead of time to learn how to prepare the snack efficiently. Also, check out [Pinterest.com/AnswersVBS](https://www.pinterest.com/AnswersVBS) for great pictures of the snacks and fun ways to present them at meetings and VBS.
3. As part of the fun of *The Incredible Race*, each day the racers (students) will complete challenges at each rotation spot, including snack time. The challenges are written into the "Snack Time Challenges" section of each day's main snack write-ups. Please become acquainted with them, and plan and prepare accordingly. It's an important part of this year's VBS!
4. Calculate your portions based on the snack supply list. (See back cover for the main snack options. The other ideas in this book are not included on the back cover supply list.) Make a snack donation list based on what you've chosen, and share it with those in your organization.
5. Don't forget to include VBS workers in your calculations! Offer munchies for adult and teen helpers to grab on the run.
6. Plan two snacks per day for toddlers. (See "Toddler Snacks" on page 7.)
7. Don't use small foods that may be choking hazards for young children (e.g., whole grapes, peanuts, marshmallows, raisins or dried fruits, hard candies, chunks of cheese, popcorn, etc.).
8. Check with local restaurants for donations of cups, napkins, or lemonade mix.
9. Set up a collection area for incoming supplies. Label the supplies for VBS to prevent hungry people from opening unlabeled food. Stockpile your items in a safe place.
10. Assess your stock often. As VBS approaches, purchase what has not been donated.
11. Prepare as much as you are able to ahead of time. Use zippered baggies when possible to hold individual snacks for each child.
12. Be aware of allergies. Some common allergens include nuts (e.g., peanuts, peanut butter, peanut oil, and tree nuts), dyes (red, blue, and yellow), dairy items, berries, gluten, wheat, soy, eggs, and corn. Keep a list of children with allergies, and monitor what is being served to them. Plan alternate snacks, or ask parents to provide an alternative. It's also helpful to make a list of all the ingredients used in each snack so parents can see if there will be any problematic ingredients. Post the daily list in a visible spot (on the entry doors, at the snack location, at the info counter) and in your Caretaker Handbook. Make sure all leaders and snack servers are aware of who has what allergies. Be vigilant and careful regarding all this!
13. Enlist help for the preparation station in the kitchen, and the serving station in the refreshment area. If serving indoors, set up the serving station away from kitchen knives, hot pans, and potentially slippery floors. If serving outside, place a table in the shade.
14. Decorate the space so it has kid appeal, and hang the "Runway Café" sign. Post a sign announcing the featured food and drink of the day. Check "Decorating Decisions" in the *Director Guide* for more decorating ideas. Play the VBS music CD.
15. Check the daily attendance to get an accurate number of children. Make extra snacks for latecomers.
16. Use good hygiene. Adults must wash their hands before preparing food, and children should take a quick bathroom break and wash their hands before refreshment time. Rubber gloves should be worn by food staff, and long hair should be pulled back. Use wipes or hand sanitizer for quick hand cleanup.
17. Keep drinks in large coolers (e.g., ten-gallon coolers with a pour spigot) so they will stay cold.
18. Pray and thank God for the refreshments before eating.
19. Reinforce the day's lesson while the children are eating using the Teaching Tie-In given for the snacks. (Make sure to have a Bible to read verses that are referenced.) Try to engage the kids in discussion about the topic. Adjust to fit the age level. And remember to include one or both Snack Time Challenges after they finish eating. (See Tip 3.)
20. Place large, wheeled trash cans with trash bags in the area for quick cleanup.

# RUNWAY CAFÉ

## Shopping List

# Toddler Snacks

With this age group, it's especially important to check with parents about allergies, as little ones will not be able to communicate such things. Also, make sure all food is safe and in bite-sized pieces.

For a morning VBS, consider offering a breakfast snack shortly after arrival (e.g., mini-muffins, half a banana, doughnut holes, or toasted oat cereal).

For the main snack time, arrange with the Toddler Coordinator to serve the snack at the appropriate time and for the appropriate numbers. Serve smaller portions of what the "big kids" are having, or serve one of the optional ideas listed below. (These optional ideas are not included in the snack supply list on the back cover.) Remember to use the Teaching Tie-Ins listed on this page rather than the "big kids" teaching tie-ins. There are other food options in this book that would work for toddlers, too, such as some of the healthy alternatives listed on page 31, so check them out for additional ideas. And of course, pray before eating!

## Day 1

### Circles and Salsa (Tortilla chips)

See Day 1 in this guide for directions, but use fewer chips and skip the salsa.



#### TEACHING TIE-IN

Today, we're pretending to travel far away to a place called South America. God loves the people who live in South America, and he loves you, too!

Our snack is a food that's eaten a lot in South America. Let's thank God for our tortilla chips and for all the wonderful things he's created for us to eat.

### Rainforest Chocolate Balls

Put Cocoa Puffs® into individual snack baggies or jungle-themed cups. You will need approximately ½ c. per child.



#### TEACHING TIE-IN

When God made the earth, it was like a beautiful rainforest filled with yummy things for Adam and Eve to eat, like chocolate! God made the world good, and God is good!

Let's thank God for our yummy chocolate snack, and then let's eat!

## Day 2

### Pita Chips and Dip

See Day 2 in this guide for directions for the Pita Chips and Dip.



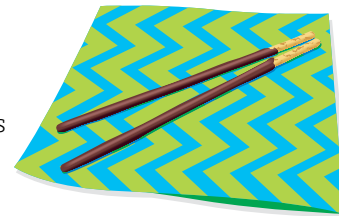
#### TEACHING TIE-IN

Our snack today is pita chips with a dip called hummus, which is a favorite snack eaten in an area of the world called the Middle East. This is where the tower of Babel was built. We learn about the tower of Babel in the Bible. God is kind to give us the Bible so we can know about him and the world!

Let's thank God for these pita chips and dip, and then let's eat.

### Pocky® Sticks

Serve Pocky® sticks, a favorite snack founded in Japan. These are available online and at grocery stores with international food areas.



#### TEACHING TIE-IN

Today, we're pretending to travel to a place called Asia. A snack called a Pocky® stick is a favorite there. Have any of you had them before? Pause. Our Pocky® sticks remind us that God loves the people who live in Asia, and he loves you, too!

Let's thank him for our snack, and then let's eat!



## Day 3

### Shades of Cake

See Day 3 in this guide for directions for the Shades of Cake. You may want to give the toddlers just one mini cupcake.



#### TEACHING TIE-IN

Let's look at the different shades our cupcakes are. What color would you say they are? Take responses. Yes, they're all shades of brown, just like people's skin. We're all shades of brown, too, from light brown skin to dark brown skin. God made us that way.

Let's thank him for our Shades of Cake snack, and then we'll eat them!

### Pup Patrol Chew Sticks

Put some thick, twisted pretzel sticks (the kind that are about 3 inches long, but fatter than regular pretzel sticks) in a small bowl (a pretend dog dish) or in a small cup.



#### TEACHING TIE-IN

Do you remember who our animal pals are today? Take responses. Yes, our animal pals are pups that live in a place called Africa. They remind us that God made each dog special, and he made each person special, too.

Let's thank God for our Pup Patrol Chew Sticks, and then let's eat!

## Day 4

### English Scones

See Day 4 in this guide for directions, but adjust the size to make them smaller for the toddlers. You may want to serve them with a little jam.



#### TEACHING TIE-IN

Today, we're pretending to travel to a place called Europe. This is a food they like to eat there called scones. Isn't it fun to see what people in different countries like to eat? God made all of us, no matter where we live or what we eat, and he loves us, too. He sent Jesus to earth to rescue us!

Let's thank him for our English Scones and then eat this yummy snack.

## BabyBel® Cheese (or other cheese)

France is known for its cheese, and Babybel® is no exception! Serve these yummy little cheeses with crackers, or serve string cheese or other cheese with crackers. Make sure to cut the cheese into tiny pieces.



#### TEACHING TIE-IN

Today, we're pretending to travel to a place called Europe. One place there (France) has over 300 kinds of cheese! Here's one of them. Isn't it awesome how God has given people the ability to come up with so many different foods? People could have developed just one kind of cheese, but there are many different kinds! God is a wonderful Creator, and we reflect his creativity when we develop new items to eat.

Let's thank him for this kind of cheese, and have fun eating it.

## Day 5

### Big Apple Mini Pies

See Day 5 in this guide for directions, but adjust the size to make them smaller for the toddlers.



#### TEACHING TIE-IN

We're pretending to travel to a place called North America today, our last stop on *The Incredible Race*. We've traveled around the great big world this week and been reminded that God loves people of every nation, tribe, and people group. Let's thank him that people from all over the world will live together in heaven someday, getting along perfectly, and let's thank him for our Big Apple Mini Pies.

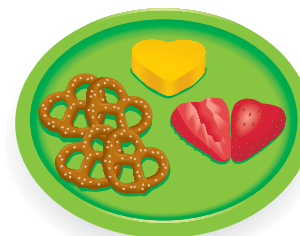
### All Heart

See Day 5 Healthy Options in this guide for directions.

#### TEACHING TIE-IN

What shape are these foods? Take responses. Yes, hearts! Hearts remind us that God is loving, and we should be, too. The Bible tells us over and over to love one another.

Let's thank God for this food and for his love.



# Snack Time Challenges

The daily challenge is an important part of this year's race-themed VBS, so make sure to allow time to do one or both of the suggested options each day. The kids will love these challenges!

Choose which option you want to do. Gather supplies and either print the appropriate challenge (see Digital Resources) and put in a challenge box for team leaders to read, or prepare the supplies and verbally share the instructions for the challenge. Check with your VBS director about these options.

For each successfully completed challenge, tell the team leaders to mark a score on their team's daily score card. Team leaders know how the scoring works: they get a new score card each day and circle one country (any one) for every successful challenge they complete.

## Day 1

### Option 1—One-bite Wonder

This challenge was a favorite with our test churches each day! Give the kids a one-bite taste test of an authentic food from the continent of the day. If at least half try it, the team leaders circle a country on the South America score card.

Today's continent is South America, so besides the ideas already written into Day 1, additional possibilities are pao de queijo (this works particularly well—it's a cheesy bread), yellow dragon fruit, guava, mango, passion fruit, empanadas, or dulce de leche. Find recipes online, or find a type of pao de queijo called Brazi Bites® in the frozen food aisle at grocery stores.

Note: One test church served Brazi Bites® cut into fourths for the One-bite Wonder.

### Option 2—Find It

Rice and beans are staples of many meals in South America, so this challenge involves finding a hidden piece of rice or a bean in a bin of rice or beans. Ahead of time, color one piece of rice or a bean red with a permanent marker. Mix it into the bin of rice or beans that is sitting on a plastic tablecloth. Have the kids take quick turns (5–10 seconds each) to try to find it. If someone finds it in the allotted time, the team leader circles a country on the South America score card.

## Day 2

### Option 1—One-bite Wonder

Today's continent is Asia, so besides the ideas already written into Day 2, additional possibilities are kimchi, egg rolls, Pocky® sticks, or potato latkes (Israel). Find recipes online, or buy at a grocery store. If successful in completing this challenge, leaders circle a country on their Asia score card.

Note: One test church gave each child one pita chip with a little hummus.

### Option 2—Dead Sea Float

The Dead Sea is in Asia and is a lake that is full of salt. It's written about in the Bible, and it's unusual because when you get in the Dead Sea, you will not sink—you will float! In this challenge, we'll see which food-related things sink and which float.

Before class, gather a bin or bowl of water and some objects to test, such as an apple, a plastic cup, a can of soup, a plastic plate, a carrot, an orange, and a spoon. Show the kids one object at a time. Have them guess if it will sink or float. Put it in the water to test it. If they get at least half of the objects correct, the team leader circles a country on the Asia score card.

## Day 3

### Option 1—One-bite Wonder

Today's continent is Africa, so besides the ideas already written into Day 3, additional possibilities are plantain chips, fried plantains, or ugali. Check for recipes online. Kids particularly love the plantain chips, which are found in bags in the grocery store. If successful in completing this challenge, leaders circle a country on their Africa score card.

Note: One test church served each child a couple plantain chips.

### Option 2—African Animals

Before class, put African animal stickers on the bottom of each water bottle (or cup) that will be used for drinks at snack time. Make sure there are a variety of animals so kids get different ones. Don't tell the kids there's a sticker on there, but make sure they hold on to their

water bottle or cup and don't throw it away until you explain the challenge.

To win this challenge, each team needs to have at least five different African animals represented on the bottoms of their water bottles or cups. You may need to adjust this number depending on how many kids you have and what variety of stickers you found, but do something along this idea. If successful in completing this challenge, leaders circle a country on their Africa score card.

### ***Day 4***

#### **Option 1—One-bite Wonder**

Today's continent is Europe, so besides the ideas already written into Day 4, additional possibilities are French cheeses (Brie or Munster), French crepes, biscotti, gelato, or Irish soda bread.

Note: One test church made little scones.

#### **Option 2—Stack 'Em Up**

This challenge should be done if you are serving the Leaning Tower of Chees-a snack. The racers stack up their Leaning Tower of Chees-as. To do so, they must be able to get at least four RITZ bits® stacked into a tower, but the kicker is, the tower has to lean at least a little! The racers can't start eating until they've completed this challenge. Once they do, they can eat, and the team

leader circles a country on the continent of Europe score card.

#### **Option 3—Pick the Pasta**

If you're eating something other than the Leaning Tower of Chees-a snack today, here is another option for a challenge. Show pictures of different kinds of pasta, with the words on the bottom. (See Digital Resources.) See if the racers can figure out which one is called what. Answers are on the bottom of the sheet. They have two minutes to get at least half right. If they do, the team leader circles a country on the Europe score card.

### ***Day 5***

#### **Option 1—One-bite Wonder**

Today's continent is North America, so besides the ideas already written into Day 5, additional possibilities are soft maple syrup candies (Canada), guacamole, or coconut.

Note: One test church served a couple pieces of Mexican popcorn to each child.

#### **Option 2—Candy World**

North America is famous for many candy inventions. Show the pictures of candy from around the world (Digital Resources) and see if they can pick out at least two that were not developed in North America. If they do so in the allotted time, the team leader circles a country on the North America score card.

# DAY 1

## Circles and Salsa

### **Ingredients** (12 servings)

- ❑ 12 oz. bag of corn tortilla chips
- ❑ 24 oz. mild salsa

### **Limeade Drink Ingredients** (for 64 oz.)

- ❑ 12 oz. limeade frozen concentrate
- ❑ Water

### **Basic Supplies**

- ❑ 2 oz. portion cups and lids, 1 per child
- ❑ Small brown paper bags, 1 per child
- ❑ Napkins and cups, 1 of each per child
- ❑ Stirring spoon
- ❑ Drink pitchers or coolers

### **Pre-prep**

1. Fill portion cups with salsa and put on lids.
2. Close to serving time, place chips in paper bags.
3. Prepare the limeade frozen concentrate according to package directions.

### **Teaching Tie-In**

Thank God for the Circles and Salsa treat and eat. As everyone munches, talk about foods from different cultures, and ask them what their favorite foods are from around the world (pizza, spaghetti, tacos, sushi, fish and chips, hummus, etc.). If they could go to one kind of restaurant, which would it be? Discuss how this week, we'll celebrate awesome cultures from around the globe

and learn how we ended up spread out all over the world with distinct cultures.

Explain that when they are done eating, they will complete a Snack Time Challenge to celebrate South American culture.

### **Snack Time Challenge**

See the Snack Time Challenge section and be sure to do one or both of the options.

### **Tip Corner**

- Decorate the small brown bags with travel stamps or stickers.





- Portion cups are the mini plastic cups you get condiments or dressings in at restaurants. They are usually available at food supply stores, large grocery stores, dollar stores, and online.
- Use fresh or store-bought salsa. One test church found that smooth salsa went over better than chunky.
- Put the condiment cups of salsa on a tray, and let the kids choose if they want it.
- Check out the Super Simple Options, the Healthy Options, and the Toddler Options. Any of these can work for Day 1 or other days or meetings. They are all lots of fun!
- For individual drinks any day, substitute juice boxes, pouches, or water bottles that are labeled with the word *water* in other languages—“agua,” “wasser,” “voda,” etc. See the Digital Resources for a pattern. They’re more expensive, but require no prep and no cups.

## Day 1 Overview

### *Ready, Set, Go: Before Babel*

Lesson Focus		Bible Passage	
As the race starts, we explore the beginning of the human race and why nobody has run a perfect race through life.		Racing Through Genesis Genesis 1–11	
Mile Marker Memory Verse	Animal Pal	Cool Contest	
For all have sinned and fall short of the glory of God. Romans 3:23	Bo the Anaconda	Guessing Game	
World-class Science and Crafts	Runway Café	Globe-trotting Games	
Experiments: Light It Up! & Let It Rain Crafts: Table Top Fútbol & Tie Snake	Circles and Salsa Brazilian Brigadeiros	South American Games	

## DAY 1

# Brazilian Brigadeiros

### Ingredients (makes 24 pieces)

- ☐ 4 T. unsalted butter
- ☐ 2 T. heavy cream
- ☐ Two 14 oz. cans sweetened condensed milk
- ☐ 3 oz. semisweet chocolate, finely chopped
- ☐ 6 T. unsweetened cocoa powder, sifted
- ☐ 1 c. chocolate sprinkles

### Limeade Drink Ingredients (for 64 oz.)

- ☐ 12 oz. limeade frozen concentrate
- ☐ Water

### Basic Supplies

- ☐ Mini cupcake liners
- ☐ Saucepan
- ☐ Spatula
- ☐ Measuring spoons and cups
- ☐ Mixing bowl
- ☐ Tablespoon
- ☐ Napkins and cups, 1 of each per child
- ☐ Stirring spoon
- ☐ Drink pitchers or coolers

### Pre-prep

1. Bring butter, cream, and sweetened condensed milk to a boil in a 4 quart saucepan over medium heat.
2. Add chocolate and cocoa powder, and reduce heat to low. Cook, stirring constantly, until mixture is the consistency of fudge, approximately 16 minutes.
3. Transfer to a bowl and let cool. Chill for 4 hours.

4. Using a tablespoon, portion out fudge and roll into balls. Roll each ball in chocolate sprinkles until evenly coated.
5. Chill until ready to serve. Place one brigadeiro in each mini cupcake liner. Each child gets one.
6. Prepare the limeade frozen concentrate according to package directions.

### Teaching Tie-In

Today's snack is a Brazilian Brigadeiro. This is a favorite treat from the country of Brazil, which is in South America. They are often served at birthday parties alongside the cake.

Thank God for the Brazilian Brigadeiros and eat. As everyone munches, talk about foods from different cultures and ask them what their favorite foods are from around the world (pizza, spaghetti, tacos, sushi, fish and chips, hummus, etc.). If they could go to one kind of restaurant, which would it be? Discuss how this week, we'll celebrate awesome cultures from around the globe and learn how we ended up spread out all over the world and with distinct cultures.



Explain that when they are done, they will complete a Snack Time Challenge to celebrate South American culture.

## Snack Time Challenge

See the Snack Time Challenge section and be sure to do one or both of the options.

## Tip Corner

Use a melon baller to make the brigadeiros instead of the tablespoon, or grease your hands to roll them into balls.

## Super Simple Options—Grab and Go

The Super Simple Options this year are foods that reflect the continent of the day and can be picked up at a grocery store or bought online. If you have access to an international grocery store, there will be plenty of additional possibilities!

**Chocolate Anything!**—Pick up a chocolate treat from the store (chocolate cookies, chocolate pudding, chocolate muffins, etc.) and share this info when serving.

**Did you know chocolate comes from the tropical areas of the world—particularly in the tropical regions of the Americas? Chocolate starts in the form of cocoa beans, many of which can be found in the Amazon rainforest, so when you eat chocolate, you can think of the rainforest, where it begins. The garden of Eden was like a rainforest and is where the first people lived and the first sin happened.**

## Healthy Options

**Rainforest Trail Mix**—In a big bowl, mix some foods from the Amazon rainforest to make into a trail mix.

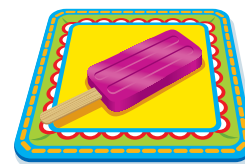
Possibilities include banana chips, dried açai, dried pineapple, coconut shavings, chocolate (chocolate chips work well), Cinnamon Chex® or Vanilla Chex®. (Cinnamon and vanilla come from the rainforest.)



Note: Put only the cereal in if making it for toddlers.

Remind the kids as they eat their Rainforest Trail Mix that we're traveling to South America today, the home of the Amazon rainforest. The rainforest can remind us of what the earth once may have looked like at the beginning of time in the garden of Eden.

**Today's Racer Snack: Frozen Fruit Bar**—Every day, a snack is suggested that is a favorite snack racers like to eat for energy before, during, or after a race. Each is healthy and simple to prepare. Today's is a *frozen fruit bar*. These are a cool snack after a hot race. Why wouldn't a racer eat one?



Find frozen fruit bars in the frozen section of your local grocery store. (These differ from ice pops in that they are made with real juice.) They come in all kinds of flavors.

## Toddler Options

Check the Toddler Snacks for two daily suggested snacks with Teaching Tie-Ins and illustrations.

If you decide to serve any of the options written in the rest of the book, make sure they are safe for toddlers and not choking hazards.