TRUTH TALKS IN THE KEEP

PRIMARY

TEACHER GUIDE
### Course Overview

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Primary Teacher Guide
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Hooray! It’s time to charge into medieval times—a world brimming with breathtaking castles, regal kings and queens, fire-breathing dragons and brave knights, and epic battles. Amid the pages of *Keepers of the Kingdom: Standing Strong in Today’s Battle for Truth*, your knights will learn how to be part of God’s kingdom and wear the armor of God. Our Royal Majesty’s kingdom is under attack, and we must prepare for battle!

**Day 1: The Two Kingdoms**—We will discover there are just two kingdoms—the kingdom of light versus the kingdom of darkness. One is ruled by the good King, Creator God. The other is ruled by the enemy, Satan.

**Day 2: The Belt**—We must decide our side. Those who become citizens of God’s good kingdom need to wear the armor of God daily, starting with the belt of truth that helps us have an unshakable trust in God’s Word, along with helping us live as truthful people.

**Day 3: The Breastplate and Shoes**—The breastplate helps God’s children put on Christ’s righteousness and grow in right living. The shoes show us we can be at peace with God, which helps us stand firm in our Christian convictions and share Jesus with others.

**Day 4: The Shield and Helmet**—The shield and helmet protect us from the enemy’s attacks—wrong thinking, discouragement, and deception. We will learn to discern!

**Day 5: The Sword and Prayer**—The sword of the Spirit is the Word of God, which helps us train our brains to know, memorize, love, and obey God’s Word. And as we battle, we must pray!

Excitement and adventure await from the first minute of each day when kids meet in traveling troupes. The troupes gather at the *Apprentices’ Assembly in the Great Hall*, a high-energy beginning that includes wacky intros, lively songs, a missions moment, and prayer.

Then they’re off to rotate through five fun sites:

- **Truth Talks in the Keep**, where God’s Word is taught in hands-on ways.
- **Kieran’s Science and Crafts in the Courtyard**, where kids are bedazzled making special craft and science creations of their own.
- **Tessa’s Treats in the Town**, where kids can feast on tantalizing treats and eats.
- **Griffin’s Games on the Green**, where there are plenty of old-world games with new fun twists.
- **Minerva’s Missions, Music, and Memory Verses at the Manor**, where kids can sing songs, learn their memory verses with fun games, or go in-depth with the mission moment featuring Children’s Hunger Fund and the Wild Brothers.

Finally, everyone heads back to the *Apprentices’ Assembly in the Great Hall* for the closing, where there’s more singing, contest results, and the highly anticipated daily drama. This is situated in the royal chambers and features some regal (and not so regal) characters who are engaged in a classic battle between good and evil.

So prepare to step back in time, embark on the journey, and partake in one royally fun time!

**Our Goal**

We are so thankful for how God has chosen to use the Answers VBS programs over the past years! But why did we decide to embark on such an undertaking in the first place, and why are we still at it, by God’s grace?

Our primary goal has always been to bring God glory by boldly and unashamedly proclaiming him to a strategic group—young people! From both a biblical and statistical point of view, young people are a big deal. They’re not only awesome—we love ‘em!—but they’re also dearly cherished by our Lord and tend to be softhearted toward spiritual things. Researchers generally agree most people become Christians when they’re children, so it’s apparent this age group is a huge mission field!

Children are loved by their Creator, and Jesus said to let them come to him (Luke 18:16). We want children to come to Christ and not be hindered in any way from doing so. To that end, we combine a biblically rich VBS with off-the-chart, irresistible fun. In a day and age when content sometimes suffers, we don’t want to sacrifice rich teaching. But it’s also crucial that the most exciting book in the world not come across as boring or irrelevant. We want to reflect our creative, inspiring, joy-giving God who made laughter and fun.

So why do we do it? We want kids around the world to hear about and personally meet our awesome God and understand how they can receive eternal life through repentance and faith in Christ Jesus. We believe VBS is a great way to introduce them to God, as it is one of the biggest outreaches of the year for most churches.

We pray you will find that every prayer prayed, every minute invested, every dollar spent, and every word spoken will bring God glory as you reach kids for Christ. Just remember—VBS is worth it. May God richly bless your VBS. We’re praying for you!
Your Role

Your role as the teacher is outlined in the following pages and includes planning and preparing the daily lessons, enthusiastically engaging in teaching the lessons, and praying over all aspects of your job.

Read this guide carefully and prayerfully, using our suggestions combined with the ideas the Holy Spirit brings to your mind.

So get ready! Get set! Get excited! God is about to use you and your church to impact lives.

Frequently Asked Questions

The content of *Keepers of the Kingdom* may be new to you. For a list of helpful articles on the topics covered in this VBS program, please visit AnswersVBS.com/keeperfaq.

Terms to Know

Throughout the VBS curriculum, various terms will be used. Here is a list of some of the most common terms to know.

**Traveling Troupes:** Groups of children (individual classes) named after people of the Middle Ages, such as Jesters, Bakers, or Troubadours.

**Troupe Leaders:** Group leaders who lead the traveling troupes from place to place during VBS. No teaching is required of this position.

**Truth Talks in the Keep:** Bible and apologetics lesson time in the most fortified part of the castle—the keep.

**Royal Trainers:** Teachers of the Truth Talks.

**Kieran's Science and Crafts in the Courtyard:** Rotation site where crafts are made and science experiments are explored.

**Tessa's Treats in the Town:** Indoor or outdoor location where snacks are served.

**Griffin's Games on the Green:** Indoor or outdoor site (outdoor is preferred) for recreation time.

**Minerva's Missions, Music, and Memory Verses at the Manor:** Rotation sites where kids can spend additional time learning songs, memory verses, and missions.

**Veritas Verse:** Daily memory verse. (*Veritas*, a good medieval word, means “truth is mighty and will prevail” and “true, trustworthy.”)

**Animal Pals:** Our friendly animal mascots that remind us of the main themes of each day.

**Toddlers:** 2–4-year-olds.

**Pre-Primaries:** 4–6-year-olds, or children ages 4 through those who have completed kindergarten.

**Primaries:** 6–9-year-olds, or children who have completed grades 1–3.

**Juniors:** 9–12-year-olds, or children who have completed grades 4–6.

For multi-age K–6 traveling troupes, we recommend using the material for the Primaries.
Top 20 Teaching Tips for Teachers

1. Ephesians 6:10–18 teaches about a real battle between two kingdoms. Take seriously the need to pray and study God’s Word as you prepare amid this battle. God has entrusted you with the awesome privilege of opening his Word and sharing it daily with the children. Stand firm!

2. Read through all your lesson plans well in advance and become familiar with the resources on the Resource USB or at AnswersVBS.com. Begin to pray and plan now, and continue to pray during and after VBS.

3. In this guide:
   - Teaching Tips are marked with a *.  
   - Materials for each activity are listed next to the activity.  
   - The “teacher says” portion is bold.

4. You may want to assign the task of gathering supplies for all the teachers to one person, or have the teachers divide up the supply list, with each being responsible for multiples of certain items. It’s also helpful to get all the supplies ready in a box or bag ahead of time rather than gathering them day-by-day the week of VBS.

5. See Decorating Decisions for a picture and description of the teaching set. Also, when setting up the room, you may want to clear away tables and chairs, depending on the room size and number of children expected.

6. Attend the Teacher Workshop and the Gospel Workshop. Be prepared to share the good news of salvation!

7. Dress as if you are living during medieval times. At least one day, wear medieval era clothing, depicting either royal or peasant attire. Check Costume Considerations for ideas. Also, check the VBS catalog for a cool T-shirt and hat.

8. Take on a persona to bring lessons to life. You may want to make up a fun name, dress in character and talk in first person, adopt an accent, or add something new to your “costume” each day. Teach in a way that makes you feel comfortable.

9. Call the children by name. Name tags help with this.

10. Make sure to keep eye contact as you share the lessons, helping each child sense your warmth and care.

11. Children will be at various levels of spiritual comprehension. Pray for the Lord to take the message and do with it as he wills: plant seeds, bring to salvation, or strengthen and grow those who are already believers.

12. Have Bible passages from the lessons bookmarked ahead of time, and use your Bible throughout the lessons at the appropriate times. Show through your facial expressions and your actions the importance of the Scriptures.

13. Show love. All children, regardless of age or appearance, need to be loved. Greet them warmly each day, and always be ready with smiles, encouraging words, and appropriate hugs.

14. Be aware of your church’s safety protocols and appropriate touching policies. Check the Resource USB or AnswersVBS.com for more info.

15. Be all there. Try to leave behind whatever is currently going on in your life, and focus your attention on the children under your care.

16. When kids are sitting on the floor for drawing or writing activities, give them a firm surface (clipboards, old magazines, or books) to use underneath the papers. Cut corrugated cardboard or coroplast sheets into 9x12-in. pieces, and add a binder clip for inexpensive clipboards.

17. Notice the good. Children want attention and will sometimes resort to acting up in an effort to receive attention, even if it is negative attention. Be proactive by noticing and praising the things they do right. Be an encourager.

18. Children like order. Think through potential trouble spots in your day, and decide on a firm, loving discipline strategy. Ask for help from experienced individuals.

19. Children generally rise to the level expected of them, so challenge them to work on memory verses and their take-home student guides and challenges. Some may even want to try the bonus memory passage, which adds in the rest of the Ephesians passage to make it all of Ephesians 6:10–18.

20. Have fun! Teaching should be a joy for you. “Rejoice always, pray without ceasing, give thanks in all circumstances” (1 Thessalonians 5:16–18).
Tips for Managing a Group of Kids

Kids are fun, and kids have energy! Prepare to confidently lead them using the following strategies.

**Attention-Getters**

**Call and Response**—The teacher will teach the kids that when she says something, they should reply with something else. Practice the following ideas so they know your expectations for responding to them.

- **Teacher:** Huzzah!
  **Kids:** Hooray!
- **Teacher:** Hooray!
  **Kids:** Huzzah!
- **Teacher:** Jeepers creepers!
  **Kids:** We are the keepers!
- **Teacher:** Good morning!
  **Kids:** Good “knight!”
- **Teacher:** Turkey leg, turkey leg
  **Kids:** Can I get a roasted egg?
- **Teacher:** Keepers (clap, clap)
  **Kids:** Of the Kingdom (clap, clap)

**Rhythm Claps**—The teacher claps a little rhythm and the kids clap the exact rhythm back. Vary the clapping patterns.

**Countdown**—Hold up five fingers and start to count down from five to one. By the count of one, they need to be completely quiet.

**Soft Talk**—Start talking about something important very softly or in a whisper. They will often get quiet to hear what you are saying. Or say, “If you can hear me, clap once.” Continue softly with other commands.

**Flash the Lights**—This is a good signal to listen up.

**Lining Up to Walk Through the Building**

**If You . . .**—Say different categories for lining up in fun ways, such as the following:

- “If you’re wearing red, line up. Now, if you’re wearing blue, line up.”
- “If your birthday is during the summer, line up. Now, if your birthday is during the school year, line up.”
- “If you have a dog, line up. Now, if you have a cat, line up. Now, if you have no pets, line up.”
- “If your first name starts with A–L, line up. Now, if your first name starts with M–Z, line up.”
- “If you are quiet, line up.”

**Proactive Tips**

**Be Prepared**—One of the best ways to ward off discipline problems is to be prepared. Think through and organize your day, leaving no downtime. Keep things moving! This takes more effort on your part, but it’s worth it.

**Active Participation**—Keeping kids actively engaged in the lesson is perhaps the best thing you can do to keep the class from getting rowdy. The lessons are written to be creative, fun, and full of active participation. Play the games, act out the Bible accounts, and do the other ideas listed. Occupy kids’ minds and attention with good stuff!

**Helpers**—Involve the kids. Let them be helpers. Some kids just want to feel needed, so giving them a responsibility is a way to show you trust them. Try putting them in charge of a simple task like helping others learn memory verses, passing out papers, or holding a poster for the teacher. Sometimes a simple task can keep them busy and make them feel important!

**Use Humor**—Kids of all ages love to laugh! Have fun together. If you see a situation is getting tense or a child getting upset for some reason, try thinking of a way to lighten the mood with humor.

**Calming Rowdiness**

**Don’t Yell**—Kids may respond at first if someone yells, but they eventually dismiss it. Try some of these other ideas instead.

**Separate Kids**—Separate kids who misbehave around each other but encourage problem-solving when possible. “What are some things we could do to help you and ___ get along?”

**Give Choices**—Avoid power struggles by giving choices. If a child is resistant to doing something you’ve asked, try your command another way. “You can either sit with the rest of the group and listen or sit with ___ (leader’s name) at the back of the room.”

**Praise in Public, Correct in Private**—If someone does need correction, be careful not to embarrass him in front of his peers. If you need to talk to a child about a misbehavior, pull him aside while the rest of the group are distracted. Kids will be less defensive if they don’t feel they have to “save face” in front of their peers—and if they feel you really care and aren’t just coming down on them.

**Know Church Policies**—Know your church’s policy for severe behavior issues. Do you take the child to your VBS director? Do you alert the child’s parents? Do you involve other staff members? Be prepared.
Age-Level Characteristics

Kids are awesome! Each one is unique and is a special creation from the hand of our amazing Creator. With all their uniqueness, however, they also share some common characteristics. That doesn’t mean every child always exhibits the following characteristics at the suggested age, but these guidelines can be a benchmark to use when looking at characteristics of children as a whole. It can be helpful to see how God has wired different age groups so we can be more effective in teaching and interacting with them.

First, you’ll see general characteristics of children and then specific characteristics of Primaries (ages 6–9 years).

Characteristics of Children

Children have some common characteristics.

• They are all sinners (Romans 3:23).
• God has given each a conscience, and they generally want good to win over evil.
• God has shown himself to all children through his creation, making it obvious to all that there is a Creator.
• Children enjoy active learning—moving around, seeing things, touching things, smelling and hearing things, and being involved.
• Children need to be loved, encouraged, and praised.
• Children are rapidly growing and changing.
• Children trust the adults who are responsible for them.
• Children can get discouraged with criticism and failure.
• Children are eager to learn and are curious about the world and about God.

Characteristics of Primaries

Physical Characteristics

Primaries love games and competitions, but it can be hard for them to lose. They are continuing to grow and improve in hand-eye coordination and fine and gross motor skills. They need to have opportunities for movement.

Takeaways for Us

• Use games to teach! Primaries love any kind of games, whether active or learning games.
• Help them learn to take turns and to be good winners and good losers! Both winning and losing well are important in God’s sight.
• Use boy vs. girl competitions to get them revved up! As long as you keep it light and fun, they will enjoy these times!

Emotional/Social Characteristics

Primaries are becoming more independent and confident in their ability to do things. Girls play most often with girls and boys with boys, but there is some mixing of girl/boy friends. They like to have a best friend and enjoy pretend play. Primaries enjoy jokes and are gaining a sense of humor. They care about being accepted by the group and want adult/teacher approval.

Takeaways for Us

• Give Primaries plenty of opportunities to work in groups or with partners.
• Use humor with Primaries. The sillier, the better!
• Be careful to walk worthy—act and speak in godly ways.

Spiritual/Mental Characteristics

Primaries like to talk and ask questions. They understand simple concepts and sentences and are concrete in their thinking, rather than being able to understand abstract or symbolic thinking. They’re learning to read. They need active learning. They’re gaining a growing attention span. They understand the consequences of their actions. They can tell the difference between reality and fantasy. They often have a strict sense of right and wrong.

Takeaways for Us

• Be concrete in what you say. Don’t use abstract or symbolic language. For example, regarding salvation, don’t ask if they have Jesus in their hearts. They will take that literally. Becoming a child of God, or being in God’s family, is a more concrete way to express the same concept as they will understand what it means to be in a family.
• Activities can stretch for a longer time as they are getting older, but it’s still good to vary activities and involve Primaries actively and with movement as much as possible.
• Some children read better than others. Be careful about asking children to read out loud. Try asking for volunteers.
• Small print can be a challenge, so use larger print when possible.
• Encourage memorization.
• Use visuals.
• Show interest in each child, helping them know you care.
• Be careful to speak accurately and truthfully, and explain Bible words and concepts.
• Remember that you are a role model.
• Show care and respect for your Bible, and help them see your love for it and for the Lord.
Special Needs

The Special Needs Teacher Supplement (12-0-053) can help you accommodate and modify these lessons for those who need it, either in your regular classroom or in a self-contained classroom.

Truth Talks in the Keep

The keep is the part of a medieval castle that is the strongest, most fortified spot. As we open God’s Word in our keep, we will learn how to stand strong and be fortified in the Lord.

The lesson time is written as a 35–40-minute period, divided into three sections.

Introduce It! (5–10 minutes): Each day, the kids will head to the keep and have a lively intro to get the lesson going.

Teach It! (25–30 minutes): The Bible teaching and apologetics content is presented during this time in creative, appealing ways.

Apply It! (Remaining class time): This is the memory verse review and practical application time.

The lessons are jam-packed, so try to be organized and keep things moving. Ideas are written into each lesson to help you adapt if you have a longer or shorter lesson time than 35–40 minutes. Because of the content-rich lessons, a little extra time is great if you can swing it! But if not, there are lots of options, so you may want to shorten or skip some activities.

The lesson format is written for a two-person team. One person serves as Teacher One and the other as Teacher Two or the Teaching Assistant. The lesson format can also work if teaching alone. If you are team teaching, decide ahead of time who will be responsible for what. If you are teaching alone, simply find someone (e.g., a staff person or teen volunteer) to help on any day you can use an extra set of hands.

Below is a sample schedule of a typical day at VBS. Check with your director for a copy of the schedule and room assignment for your VBS.

Sample Schedule

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<th>Time</th>
<th>Group One</th>
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<th>Group Three</th>
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<tr>
<td>9:00–9:15</td>
<td>Apprentices’ Assembly in the Great Hall—Opening: Large Meeting Area (Everyone Together)</td>
<td>Kieran’s Science and Crafts in the Courtyard</td>
<td>Griffin’s Games on the Green and Tessa’s Treats in the Town</td>
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<tr>
<td>9:20–10:00</td>
<td>Truth Talks in the Keep</td>
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<td>10:05–10:45</td>
<td>Griffin’s Games on the Green and Tessa’s Treats in the Town</td>
<td>Truth Talks in the Keep</td>
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<tr>
<td>10:50–11:30</td>
<td>Kieran’s Science and Crafts in the Courtyard</td>
<td>Griffin’s Games on the Green and Tessa’s Treats in the Town</td>
<td>Truth Talks in the Keep</td>
</tr>
<tr>
<td>11:35–Noon</td>
<td>Apprentices’ Assembly in the Great Hall—Closing: Large Meeting Area (Everyone Together)</td>
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</table>
Memory Verse Songs

We have partnered with Seeds Family Worship (contemporary, ESV) and Majesty Music (traditional, KJV) to create songs for each of the memory verses. They feature the full verses. (Pre-Primaries and Toddlers are taught condensed versions of these verses.) Singing Scripture is an excellent way for children to learn their Bible verses easily. You can use the songs (either video or audio) during the memory verse time in each lesson. The Music Resource USB, which contains audio and videos, comes with the purchase of a Super Starter Kit and can also be purchased separately (12-0-057). You can also purchase and download the songs individually from our online store (answersbookstore.com) for use on a handheld device. Student CDs in packs of 10 are available if you would like each student to have a copy of the songs (12-0-061 or 12-0-062).

Student Extras

Check with your VBS director, and choose one or more of these fun optional materials to give to your students so they can take home a review of the daily lesson content.

Also, decide with your director when it will work best to give out the various items: at the beginning of the day, during lesson time, during snack time (a good time to review), or at the end of the day (a good time to pass out student guides, bookmarks, and other items that need to make it home safely).

Armored of God Sticker Sets: Use these sticker sets as a fun, daily review of each armor piece.
- 12-0-078, pack of 10

Student Guides: These age-appropriate guides feature a lesson review on the front of each daily take-home paper, as well as the memory verse, verse review game suggestion, and “Go and Do” section on the back that parallels the Apply It! part of the lesson. You can either go over these during class time or send them home to be completed with a parent or caretaker, which is what our test churches do. If you send the guides home, motivate the kids to do them because they are full of good stuff! Give them to the troupe leaders to pass out at the end of the day. Then have them check with the kids the following day to see how they did, and consider asking your VBS director to give contest bonus points to the individuals and teams for their hard work.
- Junior ESV—12-0-071, pack of 10
- Junior KJV—12-0-132, pack of 10

Royal Adventure Guide: These fun, interactive booklets feature the daily memory verses, animal pals, stickers, and a place to stamp (12-0-093) for attendance. Check with your VBS director to find out when he or she would like to give these to the kids. They can receive them at any time during the first day. You can review them with the kids during the Apply It! section of the lesson, if you have time, or they can be stamped as the kids arrive at VBS.
- Junior/Primary ESV—12-0-091, pack of 10
- Junior/Primary KJV—12-0-137, pack of 10

Guardians of Truth Game Board: A large poster is used during class to play this game, but you may also have your children play in small groups or pairs using smaller game boards (11x17), which are available to purchase.
- 12-0-068, pack of 10

Bookmarks: These can be passed out at the end of class or at the end of the day.
- Gospel—12-0-076, pack of 10—Day 2
- Armor of God—12-0-077, pack of 10—Any day

Exploring God’s Word: This little booklet encourages your students to continue discovering God’s Word for weeks after VBS has finished. It features a daily question and answer found in the Scripture verse. You or the troupe leaders can pass one of these to each student on the last day of class at dismissal.
- 12-0-075, pack of 10
Kings, queens, knights, and stone castles... no theme catches the imagination of kids quite like medieval. So keep that in mind as you use your creativity, along with the ideas in this section, to set up your classroom. Remember that creating a fun and exciting environment helps children learn better, remember more, and leave with happy memories.

Truth Talks in the Keep (the keep being the strongest part of the castle) features a castle wall backdrop to serve as the focal point for the teaching. The adjacent walls can have large solid-colored panels that are used to display the posters from each of the previous day’s teaching.

Key Decorating Elements

Castle Wall Backdrop
Your backdrop should be made out of a rigid material such as foam board or corrugated cardboard. Check party supply stores and websites for patterned backgrounds or scene setters for castle walls, or paint your own. See the Director Guide for more info on how to paint castle walls. Add a stained glass window or archer’s window on one side of the wall that opens and closes to serve as the puppet stage. Make sure it’s big enough for the puppet to fit in, and cover the hole from the inside with fabric. Add a banner or coat-of-arms on the other side. See the Resource USB for various banner and window design clip art images. Consider making a castle turret on one or both sides as well. If you are using corrugated cardboard, apply one coat of paint to the back of the backdrop to minimize curling. Your backdrop should be braced from behind with wooden supports (jacks) and weighted down with bags of sand or rock salt. If necessary, you can further secure it by running thin strands of wire to the ceiling. Check YouTube.com/AnswersVBS for how-to videos on building a jack.

Truth Talks Sign
A Truth Talks in the Keep sign can span the center section of your backdrop. A clip art image of the sign is available on the Resource USB. Use an overhead projector to enlarge and transfer the image onto a rigid material such as foam board or corrugated cardboard, then paint the sign with bright colors, such as yellow letters on a vivid purple background.

NOTE: The Truth Talks sign should not be confused with the Truth Talks rotation sign (12-0-020). Although you can use the rotation sign on your backdrop, it is better suited as a door sign or hallway directional sign because of its size.
Poster Display Panels

Four large colored panels on the walls adjacent to the backdrop are used to display the resource posters from each of the previous day’s teaching. At the end of each day, move the posters from the backdrop to a colored panel. Use roll paper or purchase inexpensive rectangular plastic tablecloths for this purpose. To dress them up, cut them into banner shapes. You will only need four panels because the last day’s posters will remain on the backdrop.

Resource Posters

Contained in the Teacher Resource Pack are the daily teaching, animal pal, and memory verse posters. These are important visuals for the kids and should be mounted in an organized fashion.

Other Props and Decorations

Embellish the area in front of your castle wall backdrop with various items, such as a high-back chair; a large, old-fashioned Bible on a stand; artificial trees, plants, and vines; floor candelabras and fake flickering candles; tapestry rugs; wall torches made from paper towel tubes and colored tissue paper; a treasure chest; and assorted castle animals like mice and cats. (See the Resource USB or AnswersVBS.com.) Search for items made from wrought iron, dark wood, silk fabrics, velvets, and gold/silver. You may also want to put the Guardians of Truth game board on a large easel and prop up pieces of the armor against your treasure chest. An armor of God playset (26-1-049) can be purchased from the ANSWERS VBS RESOURCE CATALOG.

HOW TO ENLARGE AND TRANSFER CLIP ART

1. Photocopy the clip art onto transparencies.
2. Place roll paper or a rigid material against a wall.
3. Using an overhead projector to enlarge the clip art, shine the image onto the paper or rigid material, adjusting it as necessary for the size desired.
4. Trace the image outlines onto the paper or rigid material.
5. Paint the image and cut out.

Clip Art Images

Check the Resource USB for clip art images. These are an important part of your decorations. Use an overhead projector to enlarge and transfer the images onto paper, poster board, or rigid materials such as corrugated cardboard.

Classroom Scene Setter

A castle keep scene setter is available for purchase (12-0-126) from the Resource Catalog. Simply mount the panels to cardboard or foam insulation sheets using double-sided carpet tape, clear packing tape, or staples and prop it up with wooden supports (jacks). Or, you can attach it directly to the wall with mounting putty or Mavalus tape.

Check out Pinterest.com/AnswersVBS for colorful photos of decorations from our test churches!
Visit YouTube.com/AnswersVBS for how-to decorating videos!
Guys

Wear black pants and shoes as a base. (Brown can also work.) Put together one of the following for the top.

1. For a peasant look, wear a long-sleeved, puffy white shirt either alone or with a suede vest over it. Add a small leather pouch or a ring of large keys attached to a belt. Hint: Check out a thrift store to buy a puffy-sleeved shirt that’s a couple sizes too big for you. Believe it or not, ones with lace work, too!

2. Make a simple tunic with a strip of rectangular material that will go from your shoulders to your knees. (Old bedsheets, tablecloths, or oversized T-shirts with the arms and neck cut out can be used for this. Solid-colored material is best.) Fold it in half and cut a hole for the head. Put it on and belt it with a leather belt or belts. Or crisscross belts to make a belted X across it. The puffy white shirt looks good under the tunic.

3. For a knight look, wear a silver or gray long-sleeved T-shirt, silk pajamas, or silver material as a base. Make a tunic as suggested above out of gray material and add a red felt cross emblem hot-glued onto the front. To make a headpiece, buy silver material that has the look of chain mail. Sew into a round tube. Put the tube over your head and wear bunched around your neck. (Or use a gray or black hoodie or a gray ski mask with the face part cut out.)

4. Another option for a shiny knight look is to buy bright silver sun reflectors at the dollar store and cut them to make tunics and other accessories.

5. For a king/prince look, buy or make a crown and a cape. Royal purple or red look particularly good. Old bedsheets or tablecloths can work for this. Once again, this can go over a base of black pants, black T-shirt, and black shoes.

6. For a jester look, make or buy full pajama-style pants that have elastic around the ankles and waist. Bright, crazy-patterned material is good. Couple these with a coordinating, bright-colored, solid T-shirt and jester hat. You can buy jester hats online or at costume shops, or look online to learn how to make one.

Gals

1. For a peasant look, wear a long, solid-colored skirt and plain white blouse. These are easy to find at thrift stores. Top it with a vest or shawl.

2. For a queen/princess look, some styles of old prom gowns can work as period costumes. Crushed velvet or satin are popular fabrics. Consider adding ribbon or gold rickrack to dress them up. Or make a wide fabric belt and crisscross gold ribbon on it. If the dress is too long, duct tape the hem at the desired length.

3. Sandals, ballet flats, or black flats all work for shoes.

4. Garland wreaths or tiaras work in the hair.

5. Gold jewelry and large, fake gemstone rings and necklaces can add flair.

Kids

1. Use ideas from above as possibilities, adjusting to kid sizes.

2. For tunics, use old pillowcases with the sides slit and a hole cut out for the head.

3. To make knight helmets, spray-paint either fast-food chicken buckets or empty milk jugs with a metallic spray paint. Cut them so the face of the child will mostly show, with the exception of a section that hangs down between their eyes, as the helmets of old were designed.

4. To make crowns, check the Craft Guide on Day 1 for instructions.

5. Ask around to gather children’s princess and knight/armor of God costumes. Armor of God playsets (26-1-049) are also available for purchase from AnswersVBS.com.
The Two Kingdoms

BIBLE PASSAGES
Creator King and Prince of Darkness
John 18:37–38; Ephesians 6:10–11

APOLOGETICS CONTENT
Absolute truth is true for all people, for all times, for all circumstances.

VERITAS VERSE
Be strong in the Lord and in the strength of his might. Put on the whole armor of God, that you may be able to stand against the schemes of the devil.
Ephesians 6:10–11

RHYME TIME
Of two, only one is true!

LESSON FOCUS
We’re in a battle between two kingdoms—God’s good kingdom that runs on truth and the enemy’s bad kingdom that runs on lies.

ANIMAL PAL
Winifred (“Winnie”) the Warhorse

Today’s Lesson at a Glance
- Introduce It!
  Which Side of the Keep?
- Teach It!
  Part 1: Two Kingdoms Game
  Part 2: Puppet Pal—The Battle’s On
  Part 3: Guardians of Truth Game
  Part 4: Animal Pal Review
- Apply It!
  Part 1: Veritas Verse
  Part 2: Go and Do
  Just for Fun Song: “The Kingdom Keepers”

Preparing for the Lesson
- Read this lesson several times and prepare the materials.
- For more information on absolute truth and the two kingdoms, visit AnswersVBS.com/keeperfaq.
- Pray.
When Pilate questioned Jesus about the charges the Jews were leveling at him, Jesus replied, “You say that I am a king. For this purpose I was born and for this purpose I have come into the world—to bear witness to the truth. Everyone who is of the truth listens to my voice.”

Can you hear the cynicism and sarcasm in Pilate’s voice as he asks dismissively, “What is truth?” and hands over Jesus to the Jews for crucifixion (John 18:37–38)?

Throughout the ages, people have echoed Pilate’s question, in sincerity as well as skepticism. In fact, the battle over truth is as ancient as the original sin. Take a look at the lies Satan told himself and those who rebelled with him against their Creator:

“How you are fallen from heaven, O Day Star, son of Dawn! How you are cut down to the ground, you who laid the nations low! You said in your heart, ‘I will ascend to heaven; above the stars of God I will set my throne on high; I will sit on the mount of assembly in the far reaches of the north; I will ascend above the heights of the clouds; I will make myself like the Most High’” (Isaiah 14:12–14, emphasis added).

Satan knew the truth—that there is none in heaven like the Creator God—but he exchanged the truth of God for the lie, and in the process became the father of lies (John 8:44). His first temptation of Adam and Eve was a continuation on the theme. He introduced error into God’s words (“Did God actually say, ‘You shall not eat of any tree in the garden?’” Genesis 3:1) and then blatantly lied about what God had said (“You will not surely die,” Genesis 3:4).

For the past six thousand years, we’ve been floundering, trying to find our own way and denying that truth comes from God and his infallible Word. Thankfully, God has called his children into his kingdom through the sacrifice of his Son. In his infinite grace, God has given us the armor we need to stand strong in this battle for truth and boldly serve our Creator.

This week as we examine the pieces of armor God has provided, ask yourself this: Where am I in the battle? Am I asking “what is truth?” along with Pilate, or do I know the difference between truth and error based on God’s Word?

“Truthful lips endure forever, but a lying tongue is but for a moment” (Proverbs 12:19).
Introduce It!

Which Side of the Keep? (10 minutes)

**Prep:** Prepare your costumes. Cut the CASTLE KEEP/GARGOYLE POSTER in half. Print the COLORED JEWEL PATTERNS on four different colored papers (red, yellow, blue, and purple), cut them in half, fold so the jewel is on top, and hide one of each around the room so just a tiny bit is showing. (Share the jewels from the other half with another teaching room.) Print the HIDDEN GARGOYLE PATTERN and hide it as well. Bookmark the Scripture passages in your Bible for the whole lesson. Use tape to mark a center line for kids to stand on.

**Teacher 1:** Huzzah! They answer, “Huzzah!” Welcome to Keepers of the Kingdom. I’m ___, the trainer here at the castle. We’ll be meeting each day in this room called the keep. The keep is the strongest and most protected spot in the castle. It looks like this. **Show the CASTLE KEEP POSTER.** When you’re in the keep, you’re in the safest spot from the enemy’s attacks. Did you know there are all kinds of attacks we can experience in life—even some that are spiritual? Because of that, we need to learn how to be strong in the Lord.

**Teacher 2:** Good morrow! I’m ___, and I’m excited to open God’s Word and share about some special armor God has given us to wear in these spiritual battles, so let’s get our training started with a game!

**Teacher 1:** In a minute, everyone will move to this middle line. I’m going to give you two opposite choices. You should go to either the right side of the keep or the left side, depending on which choice you like best.

Have them gather on the middle line. Go through the following questions and have them move to the left side of the keep if they prefer the first choice or the right if they prefer the second. Point to the left or right as you say each choice. Have them go back to the middle line after each one.

- Would you rather eat a sweet popsicle (left side) or salty potato chips (right side)?
- Would you rather walk slowly or run fast?
- Would you rather watch a sport or play a sport?
- Would you rather own a big animal or a small animal?
- Would you rather experience winter or summer?
- Would you rather sit in the front of a room or in the back?
- Would you rather go to the mountains or the beach?

**Teacher 2:** Okay, everybody can sit back down. **Do so.** Now, I have a question for you. Do you think one choice was the right answer and one was the wrong one? For instance, is it right to like going to the mountains more than going to the beach? **Take responses.** There weren’t any right or wrong answers in the game we just played. The answers were your preferences, or what you like. One isn’t true (right) and the other false (wrong).

**Teacher 1:** But did you know there are things in life that really are absolutely true or absolutely false? Right or wrong? Truth or error?

**Teacher 2:** That’s right. There’s something called absolute truth. That means it’s truth that never changes. It’s true for all people, for all times, for all circumstances.

**Teacher 1:** Sometimes people wonder how they can know what really is the truth. It’s been a question asked throughout time. Even Jesus was asked about it by the Roman governor Pontius Pilate. Listen to this: **Read John 18:37–38.** There are lots of voices out there in the world telling you different things about what’s really true. So how can you tell what’s truth?
Teacher 2: Well, there are sources of truth we can absolutely trust 100% of the time. I’ve hidden four jewels in this room that tell us the source of truth. Without moving, see if you can spot a red jewel first. Have them point to it when they see it. Pick it up and read it. (Or have a volunteer get it and read it). It will say God the Father and have a supporting Bible verse. Do the same with the other jewels—the gold (yellow) for God the Son, blue for God the Holy Spirit, and purple for the Bible.

Teacher 1: God—Father, Son, and Holy Spirit—is the source of perfect truth. God cannot lie (Titus 1:2), so every word he says will always be 100% true. You can bank your life on it.

Teacher 2: And because the Bible is God’s Word to us, it’s 100% true too. God and his Word provide truth for all people, throughout all times, and in all circumstances. That’ll never change.

Teacher 1: Now, I have one more thing hidden around the keep to show us the source of lies. You won’t be looking for a beautiful jewel but an ugly gargoyle. Do you know what a gargoyle is? Show the GARGOYLE POSTER. Without getting up, look for the hidden gargoyle. Do so.

Teacher 2: Pick up the HIDDEN GARGOYLE PATTERN and read the source of lies—Satan—and the supporting verse.

Teacher 1: The Bible, our source of truth, calls Satan (the devil, the enemy) a liar and the father of lies (John 8:44). In fact, the Bible tells us how God and Satan are in a cosmic battle that’s between two kingdoms. God’s good kingdom is based on truth, and the enemy’s bad kingdom is based on lies. The good news is—God wins the battle!

Teach It!

Prep: Cut out the cards and arrange so half of the GOOD KINGDOM CARDS (random ones) and half the BAD KINGDOM CARDS are mixed up in the chalice. Keep the rest organized and ready to use. Cut the GOOD KINGDOM/BAD KINGDOM POSTER in half and put them up so the cards can go under them.

PART 1: TWO KINGDOMS GAME (10–15 minutes)

Teacher 1: Even though there are two kingdoms, they’re not equal. God is God! He’s in charge. He’s good. He can do anything! Satan, on the other hand, is bad and has limited power. He’s not equal to God. He’s an angel who was created by God and then rebelled against God.

Teacher 2: The enemy can’t be everywhere, seeing and knowing everything like God can. His kingdom includes the fallen angels who rebelled with him against God in the beginning.

Teacher 1: Let’s see how well you can recognize the differences between the good kingdom and the bad kingdom. Divide the kids into two teams. Boys vs. girls is a quick way to do it. Explain that someone from their team will come up and pull a card out of the chalice. Their team has to decide together if they think it belongs to the Good Kingdom or the Bad Kingdom. All the team members (or one representative team member) should either move to the Good Kingdom side of the room or the Bad Kingdom side to show their answer. (Or have teams turn to the right or the left.) Tell them if they are correct, and put the card on the board under the correct kingdom poster. Then, the other team gets a chance to tell what they think the opposite would be that would go in the other section. If they are right, put that card in the correct spot and talk about that particular contrast by reading the accompanying Bible verses on the TEACHER REFERENCE SHEET.

For example, the girls start and pull out the “Promise keeper” card. One or more of them move to the Good Kingdom side of the room, which is correct. They receive a point for this correct answer. The boys then get a chance to tell the opposite. If they say something like “Promise breaker,” they receive a point, and that card is put under the BAD KINGDOM POSTER, directly
across from the “Promise keeper” card. You then read the accompanying Bible verse(s) and make any brief comments.

It’s then the boys’ turn to draw a card and decide which side of the board it goes on, with the girls getting a chance to say the opposite. Continue going back and forth until time is up. At the end of time, see who has the most points.

### Good Kingdom vs. Bad Kingdom

<table>
<thead>
<tr>
<th>Good Kingdom</th>
<th>Bad Kingdom</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ruler: God (Psalm 47:7–8)</td>
<td>Ruler: Satan (1 John 5:19; John 12:31)</td>
</tr>
<tr>
<td>Kingdom of light (1 John 1:5)</td>
<td>Kingdom of darkness (Ephesians 6:12)</td>
</tr>
<tr>
<td>Always tells the truth (John 14:6; John 7:28)</td>
<td>Tells lies (John 8:44; Acts 5:3)</td>
</tr>
<tr>
<td>For us (Romans 8:31)</td>
<td>Against us (Matthew 13:39)</td>
</tr>
<tr>
<td>Creator/Protector of life (Genesis 1:1)</td>
<td>Destroyer of life (John 10:10)</td>
</tr>
<tr>
<td>Promise keeper (2 Corinthians 1:20; 1 Kings 8:56)</td>
<td>Promise breaker (Ephesians 5:6a)</td>
</tr>
<tr>
<td>Good (Psalm 25:8)</td>
<td>Evil (Matthew 6:13)</td>
</tr>
<tr>
<td>Love (1 John 4:8)</td>
<td>Hate (John 3:20)</td>
</tr>
<tr>
<td>Godly (Colossians 3:12–15)</td>
<td>Ungodly (2 Timothy 3:1–4)</td>
</tr>
<tr>
<td>Omnipresent (Psalm 139:7–10)</td>
<td>Not omnipresent (Job 1:6–7)</td>
</tr>
<tr>
<td>Unlimited power (Jeremiah 32:17)</td>
<td>Limited power (Matthew 4:10)</td>
</tr>
<tr>
<td>The only God (Psalm 86:10)</td>
<td>Not a god (a fallen angelic being), so not God’s equal (Luke 10:18)</td>
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</tbody>
</table>

Finish by using the **DAY 1 RHyme TIME POSTER** to emphasize that only one of these kingdoms—God’s—is good: Of two, only one is true! Have everyone say that together.

### Part 2: Puppet Pal—The Battle’s On (5 minutes or less)

**Prep:** Tape one **SCRIPT** inside the puppet stage and attach the other to a clipboard for reference. Make the mini sword. See the **Craft Guide** for an example.

Each day, the puppet pal will introduce or teach a portion of the lesson, so try to include it. Decide which of you will be the puppet and figure out when you need to leave the previous teaching so you will be in position for the start of the puppet pal time.

If you don’t have a teaching assistant or co-teacher, enlist someone (a troupe leader or other volunteer) ahead of time to work the puppet each day. If you’re alone, have the puppet come up from behind a trunk with the lid flipped up, or just stand and work the puppet. (It’s fine if your lips move. No need to be a ventriloquist.)

You can either use a boy or a girl puppet. It is written as a boy named Christian, but it can be a girl named Christiana. Use a consistent voice for the puppet all week. Speak clearly and exaggerate words and expressions. For instance, draw out certain words for emphasis, or make an exaggerated action for things like groaning, turning its head, or sneezing. Use your free hand to do things with the puppet’s hands or arms. For example, if the puppet is “thinking,” put the puppet’s hand on its chin. When the puppet is talking, make sure the mouth is open. (This is the opposite of what people often do!) In other words, the mouth should be open on most syllables. You don’t have to open it very wide, which will help you move the mouth faster and more naturally.

Your puppet should come out from behind a window or banner on the set. See Decorating Decisions. When the puppet is entering, hold your arm back and down and have the puppet take three steps up, getting higher each time, until the puppet is visible. When exiting, turn the puppet toward you and take three steps down until out of sight.

**Teacher:** Our puppet’s name is Christian (or Christiana). Let’s all call for him (her) together. Do so.

**Puppet:** Come up waving a mini sword as if pretending to sword fight someone.
Teacher: Hi there, Christian. What’re you doing?

Puppet: Oh, I’m pretending to be King Arthur!

Teacher: Was he the boy who pulled a sword out of a stone?

Puppet: Yes! I read how he grew up and became a great king who fought enemies in England.

Teacher: I know that story. King Arthur and his knights of the round table lived in a kingdom called Camelot.

Puppet: Yep! The good kingdom fought against bad kingdoms that wanted to destroy them. King Arthur and his knights were really brave! One knight even killed a dragon! Pretend to stab a roaring dragon.

Teacher: That’s exciting! But you know King Arthur is just a story, right?

Puppet: I know.

Teacher: Did you know in real life there really are two kingdoms—God’s good kingdom and the enemy’s bad kingdom?

Puppet: What do you mean?

Teacher: Well, the Bible tells us how everything used to be all good. There was only one kingdom.

Puppet: What happened?

Teacher: An enemy named Satan tricked the first woman, Eve, and she disobeyed God’s command to not eat the fruit from the tree of the knowledge of good and evil. The first man, Adam, ate the fruit too. Their disobedience was sin, which messed up the good kingdom on earth. All of creation fell under the curse of sin, including all people after Adam and Eve. Now, we have two kingdoms. The good one is ruled by God, and the bad one is led by the enemy, Satan. Point to the GOOD KINGDOM/BAD KINGDOM POSTER that you used earlier.

Puppet: And they’re in a battle?

Teacher: Yep. You’re pretending to be King Arthur, but there’s a real battle going on out there. You can’t see it, but it’s really happening.

Puppet: Oh no! Should I be scared? Duck down and hide.

Teacher: Not if you’re on God’s side, because he wins! Nobody can beat our all-powerful God! Satan’s not equal to God. He can’t beat God!

Puppet: Come back up. Wheew! That’s good to know.

Teacher: And of those two kingdoms, only one is good. Only one is kind. Only one is true! Do you know which one?

Puppet: God’s!

Teacher: Right! God is good and great, and God’s kingdom is great!

Puppet: And like you said, of the two kingdoms, only one is true—God’s!

Teacher: Hold up the DAY 1 RHYME TIME POSTER. Yep! Let’s say this together, “Of two, only one is true!” Do so.

Puppet: Of two, only one is true. I want to remember that! Well, I’ve got to go fight dragons and rescue maidens. Bye for now!

Teacher: Bye, Christian! See you tomorrow.
Part 3: Guardians of Truth Game (10 minutes)

**Prep:** Make the **GUARDIANS OF TRUTH GAME BOARD** by mounting the two posters side-by-side on a large piece of corrugated cardboard or foam core board. For a larger group, put it on a large easel and poke two pushpins in at the start space, or, if you have a small group, gather around it on the floor.

Print the **QUESTION CARDS** and the **COLOR CARDS** on white cardstock and cut them apart. Print the **TEACHING EXPLANATIONS** and have them ready.

Lead the children in playing a round of Guardians of Truth. Explain that a guardian is a keeper of truth. In this game, they will try to figure out if the statements are truth or if they are errors. Explain that an error is something that goes against God’s commands. Satan tries to get us to fall for tricks, lies, and anything against God’s ways. This game is designed to train their brains to think well so they know God’s Word and are not easily tricked.

How to Play: Divide into two teams. These can stay the same all week or change daily. Quickly decide on team names (Knights vs. Squires, Jesters vs. Jugglers, Kings vs. Queens, etc.) and decide which team goes first. Read a question. Have the team decide together if they think it’s a true statement or an error. If they’re correct, they pick a color card and move to the corresponding color. Follow the directions on the game board. Play then moves to the other team. Go back and forth between the two teams, playing as long as time permits and making sure each team gets the same number of turns. Play all week as an ongoing game that is continued where you left off, or start a fresh round each day.

As an alternative to the large game board, you may have the children play the game in small groups or pairs using smaller game boards (11x17), which are available to purchase (12-0-068, pack of 10).

Allow time each day to play this game, if possible. It’s a fun, quick, and content-rich way to develop a biblical worldview in your kids. It’s important to share the brief explanations to each question (on the **TEACHING EXPLANATIONS SHEET**) regarding why each statement is true or false.

Part 4: Animal Pal Review

Share the **DAY 1 ANIMAL PAL POSTER** to summarize the teaching of the day. Pass out the Armor of God sticker sets (available to purchase from AnswersVBS.com), one set (child and armor stickers) per child. This week, children will add armor pieces as they learn about them. For now, have the children put their name on their papers and then return them to you.

Some knights rode into battle on warhorses like Winifred here. These horses were bred for strength and endurance. Winnie reminds us that we’re in a battle between two kingdoms: God’s good kingdom and the enemy’s evil kingdom. And, although the knights trusted that their horses would carry them faithfully through battle, our trust needs to be in our Creator God, who made us and takes care of us.

Apply It!

In the remaining class time, complete one or more of the following ideas. These are also on the back of the **Primary Student Guides** and can be done at home with a parent or caretaker if you are out of time. If you send them home, motivate the kids to do them because they are full of good stuff! Have the troupe leaders check with the kids tomorrow to see how they did on them, and consider giving contest bonus points to the groups for their hard work.

Supplies for this section are not included in the supply list on the back cover since they will vary depending on the activities you choose, so decide what you will do and add them to your supply list accordingly.

Part 1: Veritas Verse

**Today’s Verse:** Be strong in the Lord and in the strength of his might. Put on the whole armor of God, that you may be able to stand against the schemes of the devil. Ephesians 6:10–11
Note: The word *veritas* means “truth is mighty and will prevail” or simply “true, trustworthy.” It was a word used in the Middle Ages and is still used today. Share the meaning with the students so they know that every Bible verse is true, trustworthy, and mighty, and all verses will forever prevail (win, be victorious, prove more powerful than opposing forces).

Practice the verses a couple times using the **THEME MEMORY VERSE POSTER** and **DAY 1 MEMORY VERSE POSTER** as references, then try the challenge.

For display, you may want to put the **THEME VERSE POSTER** at the top and add each new **MEMORY VERSE POSTER** under it every day to build the Ephesians passage.

**Challenge:** Practice getting both physically strong and spiritually strong at the same time. Set a timer for one minute. See how many jumping jacks or other exercises you can do in that minute. At the same time, see if you can say the memory verse at least once without mistakes during that time.

**Tomorrow’s Verse:** Stand therefore, having fastened on the belt of truth, and having put on the breastplate of righteousness. Ephesians 6:14

Say the new verse together several times and try the challenge again.

### Part 2: Go and Do

1. Can you think of 10 things you can thank God for? Make a list, remembering that every good thing is given to us by God, the ruler of the good kingdom.

2. How many sit-ups or push-ups can you do in one minute? Time yourself and record how many you do. Do you think you could do more if you practiced every day? Exercise done regularly makes you physically strong. What’s one thing you can do regularly to be strong in the Lord?

3. Play a game of opposites with a friend or family member or by yourself. How many kingdom opposites can you think of in one minute? Set a timer and see! (Examples: light, dark; all powerful, limited power.)

4. Check AnswersVBS.com/keeperkids for more fun information!

Ask yourself these questions: Which kingdom wins? Which kingdom do I want to be part of?

### Just for Fun Song: The Kingdom Keepers

Sing to the tune of “The Ants Go Marching”

**The kingdom keepers march for God,**

*hurrah, hurrah*

(March in place, lift up hands on “hurrah.”)

**The kingdom keepers march for God,**

*hurrah, hurrah*

(March in place, lift up hands on “hurrah.”)

**God gave us armor we will wear**

(Tap head, tap shoulders, tap waist, tap feet.)

**Satan’s kingdom better beware**

(Fists up, fighting stance.)

**And we all go marching on**

(March in place.)

**For the Lord—who is strong—and has won**

(Point up, flex biceps, lift arms to make a V for victory.)

**Huzzah! Huzzah! Huzzah!**

(Shout and point up on each word.)

Repeat, adding a fourth Huzzah! at the end.