

TODDLER SNACKS

Day 1

Dirt Dessert (10 servings)

See picture on page 10.

Use this big kids' snack recipe, except serve smaller portions in smaller cups. Adjust amounts accordingly.

- ☐ 2 c. cold milk
- ☐ 1 (3.9 oz.) package instant chocolate pudding (4-serving size)
- ☐ 8 oz. frozen whipped topping, thawed
- ☐ 1½ c. crushed chocolate sandwich cookies (about 20), divided
- ☐ 20 gummy animals
- ☐ 10 punch cups
- ☐ 10 plastic spoons
- ☐ Whisk and mixing bowls
- ☐ Large spoon

Make pudding according to package directions. Stir in whipped topping and ½ c. of crushed cookies. Divide the mixture into 10 punch cups. Top with the remaining sandwich cookie pieces and gummy animals.

Note: Various varieties of gummy animals such as zoo animals, dinosaurs, and bears can be ordered online, but gummy worms work too.

Variation: Another option is to make sea and land pudding cups using vanilla pudding, vanilla sandwich cookies, and whipped topping that's dyed blue. Make the pudding as directed but put blue whipped topping on half the top (for the sea) and crushed vanilla sandwich cookies (for the shoreline) on the other half. Top the blue side with sea creature gummies and the land side with land animal gummies.

TEACHING TIE-IN

Look at your dirt dessert. Do you think it just made itself or did someone make it? *Take responses.* Someone made it! Do you think the world just came about on its own, or did God make it? *Take responses.* God made it! He made all the plants and animals and the sun and moon and stars and people. Let's

praise God for being the amazing Creator, and for this snack. *Do so.*

Green Parrot Pretties (per child)

- ☐ 1 kiwi slice (head)
- ☐ 1 chocolate chip or edible eye
- ☐ 1 tiny piece of fruit leather (beak)
- ☐ 1 pretzel stick (branch)
- ☐ Small paper plate



Cut the kiwi into circles and put one on each plate. Put a chocolate chip or edible eye and a fruit leather beak on each to make a side view of a parrot. Arrange a pretzel stick under it as if the parrot is perched on a branch. For a more substantial snack, give each child 2 parrots.

TEACHING TIE-IN

What color is our kiwi? *Take responses.* What animal does it look like? *Take responses.* What's our animal pal's name? *Take responses.* It's Eden, because we talked about the garden of Eden. Who can tell me about the garden of Eden? *Take responses.* Let's thank God for this green snack that reminds us of his perfect, good creation. *Do so.*

Day 2

Serpent Snack (per child)

See picture on page 14.

Use this big kids' snack recipe, but make it with mini doughnuts and use the adjusted amounts listed below, per child, following these directions.

- ☐ 1 vanilla or chocolate mini cake doughnut
- ☐ 1 vanilla or chocolate cake doughnut hole
- ☐ 2 mini M&M's
- ☐ Thin red licorice, cut into 1-inch pieces
- ☐ Knife
- ☐ Kitchen scissors
- ☐ Cutting board
- ☐ Spoon
- ☐ Small paper plate

Cut each doughnut and the doughnut hole in half. Arrange doughnut halves in an S on each paper plate for the serpent's body. Place half of a doughnut hole on each end for the serpent's head and tail. For the tongue, split the end of each licorice piece with kitchen scissors and pull the ends apart to make it forked. Cut two tiny slits for eyes and put the M&M's in.

TEACHING TIE-IN

What does our snack look like today? *Take responses.* Yes, a snake! Does anybody remember what happened in the garden of Eden with a snake? *Take responses.* Eve shouldn't have listened to the snake. She should've obeyed God, and so should we! Let's thank God for forgiving us when we sin, and let's thank him for this snack. *Do so.*

Frog Treats (per child)

- ☐ 2 mini pretzels
- ☐ 2 Golden Oreos
- ☐ 2 edible eyes
- ☐ 1 small strip of fruit leather
- ☐ White icing (as "glue")
- ☐ Green card stock or construction paper for lily pad
- ☐ Scissors



Cut the green paper to look like a lily pad. Place the mini pretzels on the paper to look like frog legs and secure the Oreos to the top of the pretzels with white icing. Attach edible eyes to the top Oreo with icing and "glue" the fruit leather between the two Oreos with the icing so it sticks out like a frog's tongue.

TEACHING TIE-IN

What animal is our animal pal today? *Take responses.* Yes, it's a frog. Do you remember his name? *Take responses.* It's Tox, the poison dart frog. Were animals poisonous when God first made the world? *Take responses.* No, because everything was perfect. But then sin entered the world and affected everything, including dart frogs. Let's thank God that even though there is sadness and sin now in our world, we have God and his goodness! And let's thank him for this yummy snack. *Do so.*

Day 3

Shades of Pudding Parfaits (per child)

See picture on page 18.

Use this big kids' snack recipe, except serve smaller portions in smaller cups. Adjust amounts accordingly.

- ☐ ¼ c. chocolate pudding
- ☐ ¼ c. butterscotch pudding
- ☐ ¼ c. vanilla pudding
- ☐ Milk to make pudding
- ☐ Whipped topping
- ☐ 1 honey and 1 chocolate Teddy Graham cracker
- ☐ Bowls, whisks, and stirring spoons
- ☐ Plastic punch cup

Make each kind of pudding according to package directions. Layer the puddings in the punch cups, ¼ cup total per child. Put a dollop of whipped topping on top. Refrigerate. Before serving, add 1 honey and 1 chocolate Teddy Graham cracker on top of each parfait.

TEACHING TIE-IN

Have you ever wondered why people have different shades of skin? *Take responses.* It's sort of like these different shades of pudding. This is all pudding, but it comes in a lighter shade, a medium shade, and a darker shade. That's similar to people's skin, which God made from light to dark. We're not different colors—just different shades of the same color—brown. Let's thank God for making each of us our own special shade, and then we'll eat this fun snack. *Do so.*

Gorilla Faces (per child)

- ☐ Fruit cup or applesauce cup
- ☐ Permanent marker to draw a simple gorilla face on the cup
- ☐ Spoon



Draw a gorilla face on each cup. After students have enjoyed looking at them and talking about the gray (silverback) gorilla (see Teaching Tie-in), help them take off the lids and give each child a spoon to eat with.

TEACHING TIE-IN

What animal does our snack look like? *Take responses.* Our animal pal today is a gray (silverback) gorilla. Do you remember his name? *Take responses.* His name is Scatter because he reminds us how the people at Babel were scattered all over the world. Who can tell me about that? *Take responses.* Let's thank God for this gorilla snack, and then we'll eat. *Do so.*

Day 4

Gospel Goodies (per child)

See picture on page 22.

Use this big kids' snack recipe, except serve smaller portions. Adjust amounts accordingly.

- ☐ 1 brownie, store-bought or homemade
- ☐ White icing
- ☐ 7 red M&M's or 2 strands of thin red licorice
- ☐ Knife for icing and cutting brownies
- ☐ If making brownies from scratch: mixing bowls, measuring cups and spoons, and pans
- ☐ Spatula
- ☐ Small paper plate

Buy brownies or make them according to package directions. Ice brownies with white icing. Cut brownies but leave them in the pan. Arrange the red M&M's or thin red licorice into a cross shape on top of each brownie. Before snack time, put each brownie on a small paper plate. Note: Cut the brownies into heart shapes if desired to add to the theme of the day.

TEACHING TIE-IN

We have three colors on our Gospel Goodies. What color is the brownie? *Take responses—dark brown (dark) which reminds us of Corruption.* How about the icing? *Take responses—white, which reminds us of Jesus Christ.* And the licorice? *Take responses—red, which reminds us of the blood Jesus shed on the cross to pay for our sins.* Let's thank God for Jesus coming and loving us and for our Gospel Goodies, and then we'll eat. *Do so.*

Dolphin Banana (per child)

- ☐ ½ unpeeled banana
- ☐ Handful of grapes (cut in half) or blueberries
- ☐ Permanent marker
- ☐ Plastic punch cup



Draw a dolphin face on the banana half near the stem. Split the stem and stick half a grape or a blueberry in its mouth. Put the dolphin in a punch cup and fill in with grape halves and/or blueberries.

TEACHING TIE-IN

What animal does our snack today remind you of? *Take responses.* Yes, a dolphin. Who remembers our animal pal's name? *Take responses.* She's Rose, the pink river dolphin. Rose reminds us Jesus rose from the dead! Let's thank God for Jesus and for this special snack. *Do so.*

Day 5

7 C's Boat (per child)

See picture on page 26.

Use this big kids' snack recipe, except serve smaller portions. Adjust amounts accordingly.

- ☐ Green food, such as a couple grapes (cut in half), green apple slices, or pear slices
- ☐ Dark food, such as a few chocolate chips (or chocolate anything) or a couple blackberries
- ☐ Blue food, such as a couple blue corn chips or blueberries
- ☐ Gray food, such as a spoonful of chia seed pudding
- ☐ White food, such as a couple thin pieces of white cheese, banana, or white yogurt melts
- ☐ Red food, such as a couple small pieces of watermelon, raspberries, or strawberries
- ☐ Yellow food, such as a couple thin yellow cheese pieces and crackers
- ☐ Food boat (like hot dogs are served in)

Decide which items you will use and place a portion of each in color order in the food boat.

TEACHING TIE-IN

Our treat today is a 7 C's boat. Can you remember the 7 C's? Let's see if we can say them all! **Take responses:** Creation, Corruption, Catastrophe, Confusion, Christ, Cross, Consummation. **Let's thank God for our 7 C's boat and for this yummy snack. Do so.** As the children eat, discuss the colors of the 7 C's and the foods representing them.

Butterfly Bags (per child)

See note below for other possible ingredients.

- ☐ 5-6 grapes or strawberries, cut in half OR cheese, several thin pieces
- ☐ Crackers, pretzels, or Goldfish
- ☐ Snack-size baggie
- ☐ Spring-style clothespin
- ☐ Permanent marker
- ☐ Optional: half of a pipe cleaner



Put one type of food in one side of the baggie, such as sliced grapes or cheese, and put another food in the other side, such as crackers. (Make sure they are cut small and are not choking hazards.) Seal the baggie and attach the clothespin in the middle of the baggie. Draw a face on the clothespin and add antennae out of half of a pipe cleaner if desired.

Note: Other possible combos are Cheerios and Goldfish; Fruit Loops and Pretzel Goldfish; or Chocolate Teddy Grahams and oyster crackers.

TEACHING TIE-IN

What animal is our snack today? **Take responses.** Yes, a butterfly! What do butterflies start out as? **Take responses.** Caterpillars! But God changes them into beautiful butterflies, just like he will change his children someday and give us beautiful new bodies when we get to heaven. Let's thank God for the promise of life in heaven with him through Jesus and for this beautiful snack. **Do so.**